

NUMBER OF STANDARD DRINKS – BEER



1.1 285ml Full Strength 4.8% Alc. Vol	0.8 285ml Mid Strength 3.5% Alc. Vol	0.6 285ml Low Strength 2.7% Alc. Vol	1.6 425ml Full Strength 4.8% Alc. Vol	1.2 425ml Mid Strength 3.5% Alc. Vol	0.9 425ml Low Strength 2.7% Alc. Vol	1.4 375ml Full Strength 4.8% Alc. Vol	1 375ml Mid Strength 3.5% Alc. Vol	0.8 375ml Low Strength 2.7% Alc. Vol
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1.4 375ml Full Strength 4.8% Alc. Vol	1 375ml Mid Strength 3.5% Alc. Vol	0.8 375ml Low Strength 2.7% Alc. Vol	34 24 x 375ml Full Strength 4.8% Alc. Vol	24 24 x 375ml Mid Strength 3.5% Alc. Vol	19 24 x 375ml Low Strength 2.7% Alc. Vol
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NUMBER OF STANDARD DRINKS – WINE



1.6 150ml Average Restaurant Serving of Red Wine 13.5% Alc. Vol	1 100ml Standard Serve of Red Wine 13.5% Alc. Vol	0.9 60ml Standard Serve of Port 18% Alc. Vol	1.4 150ml Average Restaurant Serving of White Wine 11.5% Alc. Vol	1 100ml Standard Serve of White Wine 11.5% Alc. Vol	1.4 150ml Average Restaurant Serve of Champagne 12% Alc. Vol	7.5 750ml Bottle of Champagne 12.5% Alc. Vol
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8 750ml Bottle of Red Wine 13.5% Alc. Vol	43 4 Litres Cask Red Wine 13.5% Alc. Vol	21 2 Litres Cask Red Wine 13.5% Alc. Vol	7.5 750ml Bottle of White Wine 12.5% Alc. Vol	39 4 Litres Cask White Wine 12.5% Alc. Vol	19.5 2 Litres Cask White Wine 12.5% Alc. Vol	28 2 Litres Cask of Port 17.5% Alc. Vol
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NUMBER OF STANDARD DRINKS – SPIRITS



1 30ml High Strength Spirit Nip 40% Alc. Vol	22 700ml High Strength Bottle of Spirits 40% Alc. Vol	1.1 275ml Full Strength RTD* 5% Alc. Vol	1.2 330ml Full Strength RTD* 5% Alc. Vol	2.6 660ml Full Strength RTD* 5% Alc. Vol	1.5 275ml High Strength RTD* 7% Alc. Vol	1.8 330ml High Strength RTD* 7% Alc. Vol	3.6 660ml High Strength RTD* 7% Alc. Vol
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1 250ml Full Strength Pre-mix Spirits 5% Alc. Vol	1.2 300ml Full Strength Pre-mix Spirits 5% Alc. Vol	1.5 375ml Full Strength Pre-mix Spirits 5% Alc. Vol	1.7 440ml Full Strength Pre-mix Spirits 5% Alc. Vol	1.4 – 1.9 250ml High Strength Pre-mix Spirits 7% – 10% Alc. Vol	1.6 300ml High Strength Pre-mix Spirits 7% Alc. Vol	2.1 375ml High Strength Pre-mix Spirits 7% Alc. Vol	2.4 440ml High Strength Pre-mix Spirits 7% Alc. Vol
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