Review of the 2013 Australian Dietary Guidelines – Communication log

To foster trust in the revision of the 2013 Australian Dietary Guidelines (the Guidelines) and to increase transparency, NHMRC publishes a summary of meetings, correspondence and phone calls from external stakeholders relating to the revision. The communication log records the contact person/ organisation, topic and the NHMRC response.

External stakeholder interactions are included on the communication log if they relate to the revision and the communication aims to influence the revision process and/or outcomes.

Examples of stakeholder communication that will be included:

- sending evidence (when unsolicited by NHMRC)
- outlining a viewpoint via written correspondence or phone call in relation to the revision process or content
- requesting meetings with NHMRC to discuss the revision of the 2013 Guidelines.

Exceptions to this process are requests from foreign governments and routine administrative requests from other areas of government. Communication for the purpose of making a simple enquiry or request, unrelated to the development of the revised Guidelines, will not be published.

Stakeholders are encouraged to subscribe to the Dietary Guidelines contact list to receive updates on the revision and opportunities for involvement.

Information last updated 23 October 2026.

Table 1. Communication log (reverse chronological order)

Date received	Contact type	Contact person/ organisation	Topic	Outcome
29/10/2026	Email	Lylle Balzer-Blackstock, Australian Pork	Provided a link to an Australian Pork resource for inclusion in the Eat for Health program.	Advised that the Eat for Health website is intended to support the information in the 2013 Dietary Guidelines, so resources to external organisations cannot be included. Advised that the Dietary Guidelines are under review and are anticipated to be released for public consultation in late 2026. Directed to subscribe to the contact list for updates.
28/09/2026	Email	Sian Armstrong, Olive Wellness Institute	Requested information on the public consultation for the updated Dietary Guidelines and associated consumer facing resources.	Advised that public consultation will be facilitated on Citizen Space and directed to subscribe to the contact list for updates. Advised that implementation of the Australian Dietary Guidelines including the development of resources is the responsibility of the Department of Health, Disability and Ageing.
22/09/2026	Email	Lee Winkelmann, Inghams	Requested information on any changes to the Dietary Guidelines.	Advised that the draft Dietary Guidelines are anticipated to be released for public consultation in late 2026. Directed to subscribe to the contact list for updates.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
07/09/2026	Email	Sheridan Burke	Requested information on how the Dietary Guidelines review will address ultra-processed foods, food labelling, misleading health claims and marketing to children, and how members of the public can contribute to the process.	Advised that the draft Dietary Guidelines are anticipated to be released for public consultation in late 2026. Directed to subscribe to the contact list for updates. Noted the Dietary Guidelines Expert Committee identified priority topics for review based on detailed scoping and consultation. Ultra-processed foods and nutrition across the life course were among the highest priority for review. Provided links to the Dietary Guidelines review webpages and FAQs for more information about the process. Clarified that food labelling policies and regulation are outside the scope of the Guidelines. The Food Ministers' Meeting oversees the food regulation system, Food Standards Australia New Zealand develops food standards and the Department of Health, Disability and Ageing is responsible for the implementation of the Guidelines and policy decisions for issues like food marketing.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
20/07/2026	Email	Jackson Reilly, Mount Rogers Ginninderra Labor	Request to meet with a Dietary Guidelines Expert Committee member to seek technical feedback on labelling and nutrition guideline reform.	Advised that NHMRC are not able to assist. Alternate contacts provided by Committee member. Directed to the NHMRC website for information on the review and to subscribe to the Dietary Guidelines contact list.
30/06/2026	Email	Anita Lawrence, Nutrition Society of Australia	Request for presentation at the Nutrition Society's annual conference. Enquired about when the revised Dietary Guidelines will be released.	NHMRC agreed to provide an update on the revision at the annual conference occurring in December 2026. Advised the draft Guidelines are anticipated to be released for public consultation in late 2026.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
11/06/2026	Email	Australian Dairy Products Association via Assistant Minister White	Expressed concerns to Assistant Minister White that dairy and cheese will not be reviewed as fully as they believe it should be in the updated Dietary Guidelines.	NHMRC replied to the Assistant Minister and advised that as one of the five food groups, consumption of dairy will be addressed in the revision of the Australian Dietary Guidelines. The Dietary Guidelines Expert Committee prioritised research questions requiring new evidence reviews to be commissioned. Additional/existing evidence is being considered via an adopt/adapt process using recent recommendations from international bodies developed in accordance with NHMRC standards. Assistant Minister White was advised that this correspondence will be included in the Communication log on the NHMRC website.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
31/03/2026	Email	Dr Carolyn Stewardson, Fisheries Research and Development Corporation	Provided an evidence review on the health benefits of eating seafood for consideration in the revision of the Dietary Guidelines.	Advised that NHMRC is not currently accepting evidence reviews to inform the Dietary Guidelines. Noted that public consultation will be undertaken as part of this revision and contact list subscribers will be notified when stakeholder opportunities are open. Provided a link to the Dietary Guidelines Communication and consultation webpage for more information.
24/03/2026	Meeting	FSANZ Consumer Public Health Dialogue and Binational Food Industry Dialogue	Provided an update on the progress of the Dietary Guidelines revision.	The update covered: • project overview • progress to date • existing systematic reviews • commissioned reviews • evidence-to-decision process • opportunities for public and targeted consultation.
10/03/2026	Email	Hilary Smith, National Eating Disorders Collaboration	Requested a meeting with a member of the Dietary Guidelines Expert Committee to learn what the revised guidelines may include.	NHMRC responded on behalf of the Expert Committee member. Advised that the Expert Committee is still considering the evidence, so it is too soon to comment on what the recommendations may be. Directed to the NHMRC website for information on the review and to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
11/02/2026	Email	Katherine Ward	Requested the revised Dietary Guidelines be expedited.	Advised that NHMRC is working towards releasing the revised guidelines in late 2026. Directed to the Guideline development page for details on how the Dietary Guidelines are being developed.
28/01/2026	Email	Theresa Pham, Grains and Legumes Nutrition Council	Provided an evidence review on whole grains for consideration in the Dietary Guidelines.	Advised that NHMRC is not currently accepting evidence to inform the Dietary Guidelines revision. Noted that all stakeholders will have the opportunity comment on the draft guidelines. Directed to subscribe to the contact list to be notified when stakeholder opportunities are open.
15/01/2026	Email	Roy Palmer, Seafood Consumers Association	Requested that Seafood Consumers Australia be included in Dietary Guidelines communications and if the Australian guidelines will be reviewed considering the recently released Dietary Guidelines for Americans. Requested that NHMRC comment on the Australian Fish Names Standard.	Advised that the Australian Dietary Guidelines are currently under review, and the Dietary Guidelines Expert Committee will consider available evidence in the Australian context and is aware of the recent US guidance. Advised that the Australian Dietary Guidelines do not name specific species or products. Provided a link to the Dietary Guidelines Communication and consultation webpage for more information.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
09/1/2026	Email	Simon Locke	Enquired about whether the revised Australian Dietary Guidelines will follow the changes made to the food pyramid in the recently released Dietary Guidelines for Americans	Advised that the evidence review process for the Australian Dietary Guidelines is still underway, so NHMRC is unable to comment on the US Dietary Guidelines with reference to the Australian Dietary Guidelines revision. Noted that all available evidence will be considered with reference to the Australian context and that a food pyramid model has not been used for the last two versions of the Australian Dietary Guidelines. Provided a link to the Australian Guide to Healthy Eating.
12/12/2025	Email	Nicolaas Tydens	Provided a viewpoint on cholesterol and the Dietary Guidelines revision scope.	Advised that NHMRC is not currently accepting evidence to inform the Dietary Guidelines. Noted that public consultation will be undertaken as part of this revision and contact list subscribers will be notified when stakeholder opportunities are open. Provided a link to the Dietary Guidelines Communication and consultation webpage for more information.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
12/12/2025	Email	Mel Wilton, Butterfly	Requested timelines for the revised Dietary Guidelines public consultation.	Advised that anticipated timelines are available on the Guideline development webpage, and contact list subscribers will be notified via email when consultation opportunities are open. Noted that public consultation is anticipated in 2026.
11/12/2025	Email	Louise Dougherty, National Eating Disorders Collaboration	Requested timelines for the revised Dietary Guidelines public consultation and final release.	Advised that anticipated timelines are available on the Guideline development webpage, and contact list subscribers will be notified via email when consultation opportunities are open. Noted that public consultation is anticipated in 2026.
24/11/2025	Letter	Will Evans, Cattle Australia CEO	Subsequent letter expanding on their concerns raised in the meeting with NHMRC's CEO and Executive Director Research Quality and Advice on 14 November 2025.	Reiterated and expanded on NHMRC's governance processes, including the process for identifying and managing conflicts of interest in line with usual NHMRC policy.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
14/11/2025	Meeting	Cattle Australia Will Evans, CEO Garry Edwards, Chair Adam Coffey, Deputy Chair Ivar Bisseling, policy officer,	Meeting requested by Cattle Australia to discuss the Dietary Guidelines Sustainability Working Group. Meeting attended by NHMRC CEO and Executive Director Research Quality and Advice.	Key issues raised during the meeting were concerns from Cattle Australia around their perception of a biased process (e.g. resignation of a sustainability Working Group Member). NHMRC explained the governance processes, including the involvement of an external Governance Committee throughout the process, and management of conflict of interest in line with usual NHMRC policy. NHMRC reiterated that all stakeholders will have the opportunity to comment during public consultation. Following the meeting, Cattle Australia will write to NHMRC to expand on their concerns. Project staff working on the revision of the Dietary Guidelines did not attend this meeting.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
12/11/2025	Email	Katrina Kehoe, Kehoe's Kitchen	Requested key dates in the guideline development process.	Advised that anticipated timelines are available on the Guideline development webpage and that contact list subscribers will be notified via email when consultation opportunities are open. Noted that public consultation is anticipated in 2026.
15/10/2025	Email	Amy Philips, Dietitians Australia	Enquired about plans to launch the revised Dietary Guidelines nationally once they are published and who to contact about it.	Advised NHMRC will be finalising plans for the launch of the Dietary Guidelines closer to their release and the Department of Health, Disability and Ageing is responsible for their implementation.
14/10/2025	Email	Katrina Kehoe, Kehoe's Kitchen	Provided a proposal for inclusion of fermented vegetables in the revised Australian Dietary Guidelines.	Advised that the diet and nutrition topics for evidence review were identified through detailed scoping and consultation. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open and for information on the review process.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
23/09/2025	Email	Katrina Kehoe, Kehoe's Kitchen	Contacted the Chair of the Dietary Guidelines Expert Committee about fermented vegetables and the Dietary Guidelines.	NHMRC responded on behalf of the Chair. Advised the Guidelines are under review. Directed to the NHMRC website for information on the review and to subscribe to the Dietary Guidelines contact list. Advised that the Dietary Guidelines do not advocate for any single food or products.
05/08/2025	Email	Laura Barrett – Queensland Department of Education	Request for details and draft frameworks relating to revision of the Dietary Guidelines.	Advised that the Australian Dietary Guidelines are currently being reviewed and we are unable to provide advice around any potential changes to the Guidelines. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
05/07/2025	Email	Ross Stutchbury	Provided a viewpoint on the 2013 Dietary Guidelines.	Advised that the Australian Dietary Guidelines are currently being reviewed. Noted that public consultation will be undertaken as part of this review and provided a link to the Dietary Guidelines communication webpage. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.
09/06/2025	Emails	Scott Norman, Kallangur Vet Surgery	Provided comments on the 2013 Dietary Guidelines and sought references to the scientific literature underpinning the 2013 edition.	Provided links to the 2013 Dietary Guidelines and associated evidence report, which provide references to the scientific literature used. Advised that the Dietary Guidelines are currently under review. Public consultation will be undertaken as part of the process, as outlined on the NHMRC website. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
03/06/2025	Email	Dr Carolyn Stewardson, Fisheries Research and Development Corporation	Provided a review paper on the health benefits of eating seafood for consideration in the revision of the Dietary Guidelines.	Advised that NHMRC is not currently accepting evidence reviews to inform the Dietary Guidelines. Noted that public consultation will be undertaken as part of this revision and contact list subscribers will be notified when stakeholder opportunities are open. Provided a link to the Dietary Guidelines Communication and consultation webpage for more information.
10/04/2025	Email	Noah Praamsma (Physicians Committee for Responsible Medicine), Andrew Binovi (Physicians Committee for Responsible Medicine), Heleen Haitjema (Doctors For Nutrition), Rebecca Stonor (Doctors For Nutrition)	Provided a viewpoint on the Plant-based Diet index.	Advised that the Australian Dietary Guidelines are currently under review. Noted that NHMRC will be undertaking public consultation and they are welcome to provide comments in the consultation period. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
28/03/2025	Email	Tijana Starling	Provided a viewpoint on the Australian Food Pyramid system and how it aligns with health and environmental sustainability.	Advised that the Australian Guide to Healthy Eating is based on the proportion of the five food groups to be consumed each day. Advised that the food model pyramid has not been used in the past two versions of the Australian Dietary Guidelines. Advised that the Australian Dietary Guidelines are currently being reviewed. Noted that public consultation will be undertaken as part of this review. Provided a link to the Dietary Guidelines communication webpage. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
March 2025	Meetings	Targeted information sessions for: • Commonwealth, State and Territory government departments and agencies • FSANZ Consumer Public Health Dialogue and Binational Food Industry Dialogue • Queensland Nutrition Collaborative • Stakeholders subscribed to the Dietary Guidelines contact list.	Progress on the Australian Dietary Guidelines revision and public call for primary evidence to support commissioned evidence reviews.	The presentations updated stakeholders on the progress of the Guidelines revision. This included an overview of the: • topic prioritisation, scoping and evidence mapping • commissioned evidence reviews and the public call for evidence to support them • next steps.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
06/03/2025	Email	Dr Ros Sambell, Edith Cowan University	Provided a viewpoint on the need for dietary modelling for children's recommendations and specific guidance for early childhood education and care settings.	Advised that an update to the 2011 Food Modelling System is out of scope for the current review of the Australian Dietary Guidelines due to a lack of recent nationally representative food intake data and limited resources. Advised that early childhood education and care recommendations are outside the scope of the review. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder consultation opportunities are open.
03/03/2025	Email	Therese Gorton, Home Economics Victoria	Request for presentation at the Home Economics Victoria annual conference on key aspects of the Guideline review.	NHMRC advised we are unable to provide a presentation on the key knowledge areas requested at this time.
26/02/2025	Email	Dr Priscila Machado & Dr Emily Denniss, Institute for Physical Activity and Nutrition	Request for participation in new Deakin University research on the topic of ultra-processed food.	NHMRC declined to participate in the research.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
25/02/2025	Email	Beth Meertens, Queensland Nutrition Collaborative	Request for presentation to the Queensland Nutrition Collaborative group.	NHMRC agreed to provide a briefing based on the information sessions provided to stakeholders occurring in March 2025.
19/02/2025	Email	Dr Rebecca Collins, The University of Newcastle	Request for information on why the outcome of developmental neurocognitive conditions has been included in the scoping review for ultra-processed foods and how the evidence will be interpreted.	Advised that the research questions were developed through a scoping and prioritisation process. NHMRC noted that details on these processes are available on the NHMRC website. NHMRC noted that the purpose of the scoping reviews is to identify if there are studies to inform this topic in the Australian Dietary Guidelines.
17/02/2025	Email	Alistair Coe, Alcohol Beverages Australia	Requested a meeting to discuss the work of NHMRC as it related to alcohol.	Advised that NHMRC is unable to meet. Advised that the Alcohol Guidelines were released in 2020 and remain current. Noted that the 2013 Australian Dietary Guidelines are being reviewed. Recommendations about alcohol in the revised Guidelines will use the evidence and recommendations from the 2020 Alcohol Guidelines.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
22/01/2025	Email	Dr Carolyn Stewardson, Fisheries Research and Development Corporation	Requested a phone call from a team member.	Advised to email any questions or issues to the Dietary Guidelines mailbox for NHMRC to respond accordingly.
10/01/2025	Email	Colin Bettles, Grain Producers Australia	Sought details on how to apply for a position on the Dietary Guidelines Sustainability Working Group.	Advised expressions of interest for the Working Group closed on 5 March 2024. Members were appointed in late 2024. Directed to the NHMRC website for more information and to subscribe to the Dietary Guidelines contact list to be notified when stakeholder consultation opportunities are open.
27/11/2024	Email	Beth Meertens, Queensland Nutrition Collaborative	Follow up from email on 10/09/2024. Invitation to provide an update about the Dietary Guidelines revision at a Queensland Nutrition Collaborative meeting in 2025.	Advised that NHMRC can provide an update in 2025 and will confirm an appropriate time in the new year.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
01/11/2024	Email	Lily Pratt, Food and Nutrition Special Interest Group, Public Health Association Australia	Enquired if the advice produced by the Sustainability Working Group will be publicly available. Enquired if determinations about Member participation in meetings will be publicly available.	The advice provided by the Sustainability Working Group to the Expert Committee will be included in NHMRC publications and in the Expert Committee communiques where relevant. Advised that determinations about Member participation in meetings will not be made public. Noted that there will be an opportunity to comment on the draft Guidelines, prior to publication.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
20/11/2024	Email	FSANZ Binational Food Industry Dialogue via Department of Health and Aged Care	Requested an update on the: • tender process • priority topics identified by the Dietary Guidelines Sustainability Working Group. Stated the US Dietary Guidelines Committee have considered ultra-processed food (UPF) and this topic will not be included in updated US Dietary Guidelines. Asked how regular foods (i.e. not UPF) are being considered in the Australian Dietary Guidelines review.	NHMRC advised the: • tender process is ongoing. • Sustainability Working Group had not yet prioritised topics regarding diet and sustainability for review. • Dietary Guidelines Expert Committee is aware that the US Dietary Guidelines Committee commissioned a review of the role of UPF in body composition and obesity. Directed to Prioritisation Process Reports on the NHMRC website for information on how other topics will be considered in the revised guidelines.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
13/11/2024	Email	Dr Ros Sambell, Edith Cowan University	Provided a viewpoint on the need for dietary modelling for children's recommendation and specific guidance for early childhood education and care settings.	Advised that an update to the 2011 Food Modelling System is out of scope for the current review of the Australian Dietary Guidelines due to a lack of recent nationally representative food intake data and limited resources. Advised that early childhood education and care recommendations are outside the scope of the review. Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder consultation opportunities are open.
1/11/2024	Email	Dr Danielle Carter	Advised that their scoping review on the prevalence of Vitamin C deficiency and inadequacy in Australia has been submitted to a journal. Offered to provide the summary of findings while waiting for the scoping review to be published.	Advised that NHMRC are not currently accepting evidence reviews to inform the Guidelines. Noted that public consultation will be undertaken as part of this review. Provided a link to the Dietary Guidelines communication webpage. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder consultation opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
28/10/2024	Email	Dr Yohannes Adama Melaku, Flinders University	Provided a copy of a Systematic Review on gastrointestinal cancer and dietary patterns for consideration in the review of the Guidelines.	Advised that NHMRC are not currently accepting evidence reviews to inform the Guidelines. Noted that public consultation will be undertaken as part of this review. Provided a link to the Dietary Guidelines communication webpage. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
21/10/2024	Email	Lily Pratt, Food and Nutrition Special Interest Group, Public Health Association Australia	Provided a viewpoint about the conflicts of interest some members of the Dietary Guidelines Sustainability Working Group have declared. Sought further information about the selection process and conflict of interest management strategies for Dietary Guidelines Working Group members.	Advised that the Working Group members with diverse backgrounds and expertise were appointed to ensure a broad range of evidence is considered. Provided links to the appointment process and NHMRC Disclosure of Interest policy on the NHMRC website. Advised that the threshold for declared interests for the Dietary Guidelines Sustainability Working Group members is different compared to the Dietary Guidelines Expert Committee. This recognises that the Working Group's role is to provide advice to the Expert Committee on the strength and quality of evidence about sustainability and diet. The Expert Committee remains responsible for advising on recommendations.
10/09/2024	Email / phone	Helen Vidgen, Queensland Nutrition Collaborative	Requested an update on the Dietary Guidelines revision at a Queensland Nutrition Collaborative meeting.	Advised that NHMRC does not currently have capacity to provide presentations.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
27/08/2024	Email	Mark Surdut	Provided a viewpoint on the Australian Guide to Healthy Eating.	Advised the Guidelines are under review and there will be opportunities for stakeholder consultation. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.
22/08/2024	Email	Dietitians Australia	Sought confirmation that the Sustainability Working Group will be appointed by the end of 2024.	Advised that NHMRC is yet to appoint members to the Working Group, but anticipate the outcome will be announced in 4-6 weeks.
03/07/2024	Forum	NSW Health	Invitation to attend the NSW Health Primary Produce Industry Forum.	An NHMRC representative attended the forum as an observer and answered questions on guideline progress.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
02/07/2024 – 05/07/2024	Meeting (x5)	Targeted information sessions for: • Commonwealth Government departments • State and Territory government departments (Jurisdictional Public Health Nutrition Network) • Dietitians Australia • FSANZ Binational Food Industry Dialogue • FSANZ Consumer Public Health Dialogue and other relevant stakeholders (including contributors to targeted consultation for older Australians).	Dietary guidance for older Australians as part of the Dietary Guidelines review and the related public call for systematic reviews.	The presentations updated stakeholders on the work being done to incorporate guidance for older Australians into the revised Guidelines. This included an overview of topic prioritisation, scoping and mapping work (including the literature search and public call for systematic reviews) and next steps for dietary guidance for older Australians.
25/06/2024	Email	Melanie White, Sage Womens Health	Enquired about the scope of the Australian Dietary Guidelines review and if menopause will be considered. Requested information on how external organisations can contribute to the review.	Advised the scope of the Guideline review is available on the NHMRC website. Advised there will be opportunities for stakeholder consultation. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
20/06/2024	Forum	FSANZ	NHMRC invited to be on a panel to discuss public health and international collaboration at the 2024 FSANZ Stakeholder Forum '*Collaboration in food regulation: Working together for impact*'	An NHMRC representative attended and answered questions about NHMRC, public health guideline development and international collaboration.
29/05/2024	Email	Katrina Kehoe, Kehoe's Kitchen	Provided a viewpoint on including fermented vegetables in the updated Dietary Guidelines. Sought advocacy for fermented vegetables. Expressed interest in applying for NHMRC funding for research.	Advised the Guidelines are under review. Directed to the NHMRC website for information on the review and to subscribe to the Dietary Guidelines contact list. Advised that NHMRC develops public health guidelines/advice and the Dietary Guidelines do not advocate for any single food or products. Directed to NHMRC website for information about research funding opportunities.
19/05/2024	Email	Patricia Marshall	Provided information about a 2020 inquiry into diabetes conducted by the Parliament of Western Australia. Requested amendment to statements in the guidelines to indicate the guidelines also apply to people with or at risk of developing diabetes.	Advised the Guidelines are under review and there will be opportunities for stakeholder consultation. Directed to NHMRC website to subscribe to the Dietary Guidelines contact list to be notified when stakeholder opportunities are open.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
03/05/2024	Email	Nuts for Life	Provided a report about the economic impact of increased nut consumption in Australia.	Advised that there will be opportunities for public consultation throughout the review of the Dietary Guidelines. Stakeholders will be notified of these through the Dietary Guidelines contact list.
12/04/2024	Email	Glen Turner, farmer	Provided a viewpoint about crop and cattle farming having a similar level of impact on the environment. Emphasised the importance of including red meat in the diet for health.	Advised that the Guidelines are currently being reviewed and sustainable diets were identified as a high priority to consider in the review. Directed to the NHMRC website for information about the approach to consider the evidence on diet and social, environmental and economic sustainability. Advised to subscribe to the Dietary Guidelines contact list.
25/03/2024, 09/04/2024	Email (x2)	Dr Yohannes Adama Melaku, Flinders University	Provided information about a systematic review manuscript submitted to a journal for consideration on dietary patterns and health outcomes.	Advised that should the paper be published it may be considered, with reference to the stage of the revision when it is received and against the eligibility criteria previously used to identify other systematic reviews suitable for inclusion in the revision.
4/03/2024	Email	Josie Aston	Provided a viewpoint on incorporating sustainability into the Australian Dietary Guidelines.	Advised that the Guidelines are currently being reviewed. Advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
27/02/2024	Email	Jordan Benger	Provided a viewpoint on plant based diets and sustainable living.	Advised that the Guidelines are currently being reviewed. Advised to subscribe to the Dietary Guidelines contact list.
23/02/2024	Email	Nicholas Platt	Provided a viewpoint on the benefits of saturated fat.	Advised that the Guidelines are currently being reviewed. Advised to subscribe to the Dietary Guidelines contact list.
23/02/2024	Email	Bill Shrapnel	Provided a viewpoint on sustainability being included in the Australian Dietary Guidelines.	Advised that Professor Steve Wesselingh has released an update on the review of the Australian Dietary Guidelines on the NHMRC website. This includes information about the call for expressions of interest from suitability qualified individuals for a sustainability working group. Advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
19 to 29/02/ 2024	Media enquiries	Various media outlets, including: • The Australian • The Project • ABC news • Reuters News • Seven Network • The Conversation • Stock and Land.	Enquiries related to sustainability and the Dietary Guidelines revision in response to opening expressions of interest for a Sustainability Working Group.	Responses outlined the rationale and process that led to considering the evidence on sustainable diets. It was emphasised that the updated Guidelines will first and foremost consider and advise on the health impacts of dietary patterns and food groups in the Australian context but may also consider other contextual factors including social, environmental and economic sustainability. Further information can be found in the NHMRC Update on the Australian Dietary Guidelines.
1/12/2023	Phone	Reinhard, member of public	Provided viewpoint on currency of the Australian Dietary Guidelines and perceived influence of food manufacturers.	Advised that the Guidelines are being reviewed and anticipated to be released in 2026. Directed to the NHMRC website for information on the review process and opportunities for stakeholder consultation. Advised to subscribe to the Dietary Guidelines contact list.

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17/10/2023	Email	Catherine Jenneke, Maddocks	Enquired about when the revised guidelines will be released.	Advised that the Guidelines are being reviewed and anticipated to be released in 2026. Directed to the NHMRC website for further information and to subscribe to the Dietary Guidelines contact list.
6/10/2023	Email	Katherine Livingstone, Deakin University	Invitation to attend an Australian Academy of Science seminar about nutrition research.	A representative from NHMRC attended relevant sessions.
25/08/2023	Email	Anne-Marie Mackintosh, Australian Food & Grocery Council	Enquired about expanding the date range for eligible systematic reviews, in the evidence scoping and mapping process, from 2018-23 to allow inclusion of systematic reviews published before 2018.	Advised the Dietary Guidelines Expert Committee proposed a five-year date range considering: • a five-year date range is common when searching for systematic reviews • the date range for included studies in the reviews would not be limited by the five-year date range • the Guidelines are anticipated for release in 2025 so systematic reviews published prior to 2018 will not consider subsequent recent studies.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
23/08/2023	Email	Janine Waller, Australian Dairy Products Federation	Enquired about public consultation opportunities, how lower priority topics will be considered and the process to keep stakeholders updated.	Advised: • stakeholders will have the opportunity to comment on the draft revised Guidelines • lower priority topics will be considered using existing evidence from the 2013 Guidelines or systematic reviews published by recognised international groups • information on project progress and other opportunities for stakeholder involvement are communicated via the Dietary Guidelines contact list.
15/08/2023	Email	Janine Waller, Australian Dairy Products Federation	Requested the list of references identified during the scoping and mapping work be provided to assist with submitting unidentified reviews.	Advised that at the time of request a list of references did not exist because the public call for evidence was occurring parallel to the formal literature search.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
31/07 - 02/08/2023	Meeting (x4)	Targeted information session for: • Commonwealth Government departments • state and territory government departments (Jurisdictional Public Health Nutrition Network) • National Committee for Nutrition, Australian Academy of Science • FSANZ Binational Food Industry Dialogue and Consumer Public Health Dialogue.	Project progress and a public call for systematic reviews.	The presentations provided an overview of information published on the website including topic prioritisation, upcoming scoping and mapping work (including the literature search and public call for systematic reviews) and next steps.
25/06/2023	Email	Dr James Muecke AM	Enquired about closing date of public evidence submissions.	Advised that stakeholders will be notified when opportunities for public consultation are open and further information will be published on the NHMRC website when available. Advised to subscribe to the Dietary Guidelines contact list.
29/05/2023	Email	Chelsea Hunnisett, The Climate and Health Alliance	Enquired about status of public consultation opportunities.	Advised that the scope is currently under consideration and any updates, including consultation opportunities, will be published on the NHMRC website when available. Advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
20/02/2023	Email	Chair, Cancer Council Nutrition, Alcohol and Physical Activity Committee	Enquired about timeline for review and whether red meat and cancer will be included in the scope of the evidence review.	Advised that the scope is currently under consideration and any updates will be published on the NHMRC website when available. Advised to subscribe to the Dietary Guidelines contact list.
20/02/2023	Email	National Committee for Nutrition, Australian Academy of Science	Sought briefing on the review and opportunity to contribute expertise.	Scheduled a brief update in June 2023 (rescheduled to August 2023).
9/01/2023	Email	Elsa Hodge	Provided viewpoint on currency of the Australian Dietary Guidelines and perceived influence of food manufacturers on decision-making.	Advised that the Guidelines are being reviewed. Directed to the NHMRC website for information on the review process and opportunities for stakeholder consultation. Advised to subscribe to the Dietary Guidelines contact list.
24/10/2022	Email	Claire McDonnell, Leafie	Enquired about process and anticipated timeline for public call for evidence.	Directed to NHMRC website and stakeholder consultation plan. Advised that further information and updates will be published on the NHMRC website when available. Advised to subscribe to the Dietary Guidelines contact list.
14/10/2022	Email	Amy Philips, Dietitians Australia	Enquired about dates of interest related to the review in 2022.	Advised that as the scope is currently under consideration, NHMRC is not able to provide any further information at this stage. Any updates will be published on the NHMRC website when available.

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8/10/2022	Email	Hermund Haaland, Zebr Institute	Follow up from email sent on 6/09/2022. Requested a virtual meeting to discuss the review.	Advised that as the scope is currently under consideration, NHMRC is not able to provide any further information at this stage. Any updates will be published on the NHMRC website when available.
26/09/2022	Email	Dympna Leonard, James Cook University	Enquired about review scope and public call for evidence.	Advised that the scope is under consideration and further information will be published on the NHMRC website when available. Directed to the NHMRC website for more information on the review, including timelines. Advised to subscribe to the Dietary Guidelines contact list.
6/09/2022	Email	Hermund Haaland, Zebr Institute	Enquired about the timeframe and scope of the review, and areas or principles of the revised guidelines that may have changed since the 2013 Guidelines.	Advised that the scope is under consideration and further information will be published on the NHMRC website when available. Directed to the NHMRC website for more information on the review, including timelines. Advised to subscribe to the Dietary Guidelines contact list.
24/08/2022	Email	Amy Philips, Dietitians Australia	Enquired as to when the scope of the review is scheduled to be finalised.	Advised that the scope is under consideration and further information will be published on the NHMRC website when available.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
10/08/2022	Meeting	FSANZ Consumer and Public Health Dialogue	General update provided in meeting papers.	Update included touching on progress to date, and advising on next steps, including finalisation of project scope, development of research questions and public call for supporting evidence.
30/07/2022	Email	Eve Thomas	Provided a viewpoint on the food pyramid including having grains and cereals at the top of the pyramid. Also provided a viewpoint on the health effects of gluten consumption and general promotion of gluten in supermarkets.	Advised that the Australian Guide to Healthy Eating promotes a variety of nutritious foods and that a food pyramid has not been used in the past two versions of the Guidelines. Directed to the NHMRC website for information about the review process and the stakeholder consultation plan. Advised to subscribe to the Dietary Guidelines contact list.
27/07/2022	Email	Rosalie Schultz, Ngaanyatjarra Health Service	Enquired about the status of the review.	Advised that the Guidelines are being reviewed. Directed to the NHMRC website for more information and to subscribe to the Dietary Guidelines contact list.
26/07/2022	Meeting	FSANZ Binational Food Industry Dialogue (previously the Retailers and Manufacturers Liaison Committee)	General update provided in meeting papers.	Update included touching on progress to date, and advising on next steps, including finalisation of project scope, development of research questions and public call for supporting evidence.

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13/07/2022	Email	Peter Strous, The Ideal Diet	Provided a viewpoint on an optimum diet for avoiding diseases, maintaining health and longevity.	Advised that opportunities for stakeholder engagement, including a public call for evidence, are outlined in the stakeholder consultation plan available on the NHMRC website. Directed to the NHMRC website for information about the review process and advised to subscribe to the Dietary Guidelines contact list.
21/06/2022	Email	Justine Egan	Enquired as to when the Australian Dietary Guidelines will be updated. Provided information on the Harvard School of Public Health guidance relating to the consumption of red meat, butter and refined grains.	Advised that the Guidelines are being reviewed. Directed to the NHMRC website for opportunities to provide feedback on the review. Advised to subscribe to the Dietary Guidelines contact list. Provided information in the 2013 Australian Dietary Guidelines on recommended intake of butter, refined grains and red meat.
23/05/2022	Email	Tom Simak	Enquired how relevant scientific papers can be submitted for consideration.	Advised that opportunities for stakeholder engagement, including a public call for evidence, are outlined in the stakeholder consultation plan available on the NHMRC website. Directed to the NHMRC website for information about the review process and advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
28/04/2022	Email	Danielle Williams, Diabetes Australia	Enquired as to when the review scope is scheduled to be published.	Advised that the scope is under consideration and further information will be published on the NHMRC website when available.
22/03/2022	Meeting	FSANZ Consumer and Public Health Dialogue	Invited to provide an update on the review of the Guidelines at the FSANZ Consumer and Public Health Dialogue meeting.	Provided an update on the review of the Guidelines, including progress to date, anticipated milestone timelines, and stakeholder consultation opportunities. Advised that the next steps involve finalisation of project scope, development of research questions and public call for supporting evidence.
21/03/2022	Email	Mackenzie Bennett	Requesting a change to the grouping of tomato in the Guidelines to fruit (rather than vegetable), based on botanical aspects.	Advised that in the Australian context, tomatoes are commonly used as vegetables. Also advised that the Guidelines are being reviewed. Directed to the NHMRC website for information about the review process and advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
2/03/2022	Meeting	FSANZ Retailers and Manufacturers Liaison Committee	Invited to provide an update on the review of the Guidelines at the FSANZ Retailers and Manufacturers Liaison Committee meeting.	Provided an update on the review of the Guidelines, including progress to date, anticipated milestone timelines, and stakeholder consultation opportunities. Advised that the next steps involve finalisation of project scope, development of research questions and public call for supporting evidence. Agreed to provide an update at the next meeting.
5/02/2022	Email	Cheryl Nagel	Provided a viewpoint about the inclusion of animal products in dietary advice and requested a change to plants and whole foods.	Advised that the Guidelines provide evidence-based advice and include advice for vegetarian and vegan dietary patterns. Also advised that the Guidelines are being reviewed. Directed to the NHMRC website for opportunities to provide feedback on the review.
3/02/2022	Email	Nina Teicholz, Nutrition Coalition	Enquired how scientific papers of relevance can be submitted for consideration.	Advised that opportunities for stakeholder engagement, including a public call for evidence, are outlined in the stakeholder consultation plan available on the NHMRC website. Directed to the NHMRC website for information about the review process and advised to subscribe to the Dietary Guidelines contact list.
26/01/2022	Email	Jenny Davis	Follow up response providing a viewpoint on the review timelines.	Nil

Date received	Contact type	Contact person/ organisation	Topic	Outcome
25/01/2022	Email	Dr Alexandra Wade	Requested to be placed on the Dietary Guidelines contact list and provided information on expertise.	Directed to the NHMRC website to subscribe to the Dietary Guidelines contact list and for opportunities to provide feedback on the review.
17/01/2022	Email	Jenny Davis	Enquired as to when the Australian Dietary Guidelines will be revised, updated and published.	Advised that the Guidelines are being reviewed. Directed to the NHMRC website for opportunities to provide feedback on the review. Advised to subscribe to the Dietary Guidelines contact list.
11/01/2022	Email	John Winter	Follow up response providing a viewpoint on the effectiveness of the Australian Dietary Guidelines and dietary recommendations.	Advised that the Dietary Guidelines provide general population health advice. Also advised that a call for supporting evidence is scheduled for the second quarter of 2022. Directed to the NHMRC website and advised to subscribe to the Dietary Guidelines contact list. Also provided a link to the evidence that supports the 2013 Guidelines.
27/12/2021	Email	John Winter	Provided feedback on the Australian Dietary Guidelines and the Eat for Health website and suggested that dietary advice should be included for people with restricted or specific diets. Provided information regarding benefits of own personal eating plan.	Advised that the Dietary Guidelines are not intended for people requiring specialised dietary advice. Also advised that the Guidelines are being reviewed. Directed to the NHMRC website for opportunities to provide feedback on the review.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
16/12/2021	Email	Danielle Williams, Diabetes Australia	Follow up response enquiring whether advice for people living with chronic illness, such as diabetes, would be within scope of the review.	Advised that review scope is under consideration and further information will be published on the NHMRC website when available.
15/12/2021	Email	Roshan Khanal	Requested advice to clarify public information which stated that sugar and refined carbohydrates are the cause of issues relating to cholesterol levels, rather than dietary fats.	Advised that the Dietary Guidelines state that a range of factors may improve or lead to increased blood cholesterol levels. Also advised that a review of the Dietary Guidelines is underway and directed to the NHMRC website for stakeholder feedback opportunities.
13/12/2021	Email	Mike Smith	Requested advice to clarify recent media articles which promoted an eating plan high in saturated fat.	Advised that the Dietary Guidelines are being reviewed and at this stage it was not possible to pre-empt the outcomes of the review. Also advised that individuals should seek advice from a nutrition professional regarding personalised eating plans. Directed to the Dietary Guidelines consultation plan available on the NHMRC website for opportunities to provide feedback on the review.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
6/12/2021	Email	Nina Teicholz, Nutrition Coalition	Introduced the work of the Nutrition Coalition in ensuring that nutrition guidelines are evidence-based, including systematic evaluation of reliable science. Enquired how peer-reviewed published information can be submitted for consideration.	Advised that opportunities for stakeholder engagement, including a public call for evidence, are outlined in the stakeholder consultation plan available on the NHMRC website. Directed to the NHMRC website for information about the review process and advised to subscribe to the Dietary Guidelines contact list.
9/11/2021 and 26/11/2021	Email and Meeting	Cochrane Public Health Team	Outlined role of Cochrane Public Health Team in developing systematic reviews.	NHMRC met with Cochrane Public Health to discuss available nutrition-related systematic reviews and reviews under development.
26/11/2021	Phone call	Danielle Williams, Diabetes Australia	Follow up for email sent on 25/11/2021	Advised that a response would be provided via email.
25/11/2021	Email	Danielle Williams, Diabetes Australia	Enquired whether finalisation of the review scope would be within the final quarter of 2021, to ensure capacity for Diabetes Australia to review over the holiday period.	Advised that review scope is under consideration and further information will be published on the NHMRC website when available in 2022. Directed to the Dietary Guidelines consultation plan available on the NHMRC website for opportunities for stakeholder feedback.
18/11/2021	Email	Sonia Karouzos, Dietitians Australia	Follow up for email sent on 11/11/2021.	Advised that matters relating to nutrition guidelines, or the review of the Australian Dietary Guidelines are the responsibility of NHMRC's Public Health Section. Provided relevant email address for enquiries.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
11/11/2021	Email	Sonia Karouzos, Dietitians Australia	Introduced new Policy and Advocacy Manager at Dietitians Australia and sought details of an equivalent contact person at NHMRC that could discuss national nutrition-related policy and advocacy work.	Nil
15/10/2021	Email	Dr James Muecke AM	Outlined interest in raising awareness of diabetes remission. Provided references about low carbohydrate and ketogenic diets and impact on cardiovascular risk factors. Suggested launching a national public awareness strategy to reduce incidence of type 2 diabetes.	Directed to the NHMRC website for information on the review process. Advised that preventative health promotional activities are undertaken by the Department of Health and provided information on current initiatives related to diabetes prevention.
13/10/2021	Email	Hayley Bunting	Enquired whether an updated version of the Dietary Guidelines was available as the information on fats may not be current. Provided supporting reference.	Advised that the Guidelines are being reviewed. Directed to the NHMRC website for opportunities to provide feedback on the review. Advised to subscribe to the Dietary Guidelines contact list.
12/10/2021	Email	Helen Wilson	Requested that the order of calorie needs for men and women be reversed	Directed to the Dietary Guidelines consultation plan available on the NHMRC website for opportunities to provide feedback on the review.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
11/10/2021	Email	Barbara Meyer, School of Medicine, University of Wollongong	Contacted the Chair of the Dietary Guidelines Expert Committee and enquired whether it was possible to submit information as part of the stakeholder survey.	NHMRC responded on behalf of Chair. Advised that the stakeholder survey closed in March 2021. Directed to the Dietary Guidelines consultation plan available on the NHMRC website for opportunities to provide feedback on the review.
11/10/2021	Email	Karen Charlton, University of Wollongong	Contacted the Chair of the Dietary Guidelines Expert Committee and provided references on the environmental impact of Australian and New Zealand diets.	NHMRC responded on behalf of Chair. Directed to the Dietary Guidelines consultation plan available on the NHMRC website for opportunities to provide feedback on the review.
06/10/2021	Email	Elizabeth Neale, University of Wollongong	Contacted the Chair of the Dietary Guidelines Expert Committee and expressed interest in contributing to the systematic reviews underpinning the Guidelines.	NHMRC responded on behalf of Chair. Advised that evidence reviewers will be contracted consistent with the Commonwealth procurement framework. Also directed to the NHMRC website and advised to subscribe to the Dietary Guidelines contact list.

Date received	Contact type	Contact person/ organisation	Topic	Outcome
1/10/2021	Phone call	Danielle Williams, Diabetes Australia	Requested information in relation to: • timing for finalisation of review scope • process for contracting evidence reviewers • scheduled date for Expert Committee meeting	Advised that: • review scope expected to be finalised in the final quarter of 2021 • evidence reviewers will be contracted consistent with the Commonwealth procurement framework • details of the Expert Committee meeting were being finalised.

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28/09/2021	Email	Lachlan Yeend, KPMG	Requested additional information on the review process including: • timing of review scope • division of responsibilities between the Expert Committee and evidence reviewers in relation to submissions from industry • process for contracting evidence reviewers and level of transparency • potential for opportunities for industry to meet with Expert Committee or evidence reviewers • type of evidence sought at submissions stage of review • NHMRC engagement with government stakeholders and approval process for final guidelines.	Advised that: • the review scope is expected to be finalised in the final quarter of 2021 • evidence reviewers will be contracted consistent with the Commonwealth procurement framework • further information about the evidence review process will be made available in early 2022. Opportunities for stakeholder engagement are outlined in the stakeholder consultation plan available on the NHMRC website • targeted consultation will be undertaken with stakeholder groups and relevant areas of government throughout the development of the guidelines.

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28/09/2021	Email	Rose Cornelissen, Director, The Naturopaths and Herbalists Association of Australia	Requested that the Naturopaths and Herbalists Association of Australia be included on the Dietary Guidelines Contact list for potential involvement in the review and that additional information be provided on the supporting evidence as it becomes available.	Directed to the NHMRC website and advised to subscribe to the Dietary Guidelines contact list.
24/09/2021	Letter	John McKillop, Red Meat Advisory Council	Requested termination of Dr Evangeline Mantzioris' appointment to the Dietary Guidelines Expert Committee based on publication of articles which provide information on how to get the nutrients you need without eating as much red meat.	Referred matter to the Dietary Guidelines Governance Committee for advice and assessment. Informed the Red Meat Advisory Council that the Governance Committee advised that the assessed risk of conflict of interest for Dr Mantzioris remains low, given that Dr Mantzioris has no financial ties that may compromise her position on the Expert Committee and has publicly expressed a diversity of views about her academic area of work. Based on this advice, there was no change to Dr Mantzioris' appointment.

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21/09/2021	Letter	The George Institute for Global Health, Vic Health, Healthy Food Systems Australia, Dietitians Australia, Consumer Federation of Australia, Institute for Physical Activity and Nutrition (Deakin University), Nutrition Australia, GLOBE Global Obesity Centre, Institute for Health Transformation (Deakin University), Dr Rosemary Stanton, Public Health Association Australia, Obesity Policy Coalition, The Food Governance Node (Charles Perkins Centre), Heart Foundation, Cancer Council Australia, Kidney Health Australia, Diabetes Australia, Stroke Foundation	Welcomed appointment of the Dietary Guidelines Expert Committee and Dietary Guidelines Governance Committee. Commended the process for managing conflicts of interest.	Correspondence noted.
15/09/2021	Letter	Juliana Chen, Dietitians Australia	Congratulated the Chair of the NHMRC Dietary Guidelines Expert Committee on appointment. Provided a summary of reflections from the 2013 Australian Dietary Guidelines. Invited the Chair to meet with Dietitians Australia.	Reflections noted.

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07/09/2021	Email	Elizabeth Neale, University of Wollongong	Expressed interest in contributing to the systematic reviews underpinning the Guidelines.	Advised that NHMRC will be following the Commonwealth procurement framework to contract evidence reviewers. Suggested stakeholder subscribe to the Dietary Guidelines contact list.
07/09/2021	Email	Lachlan Yeend, KPMG	Contacted the Office of the Hon Richard Colbeck enquiring whether the Senator is responsible for the review of the Australian Dietary Guidelines and requested to be put in contact with an advisor to discuss: • the review timeline • whether the Dietary Guidelines Expert Committee had been established • whether the review topics had been finalised.	NHMRC responded on behalf of the Office of the Minister for Senior Australians and Aged Care Services. Advised that the Dietary Guidelines Expert Committee had been announced and that the Minister for Health and Aged Care was responsible for the review. Directed to the NHMRC website for review timelines and advised that topics will be published when finalised. Advised to subscribe to the Dietary Guidelines contact list.
21/06/2021	Email	David Brown	Provided references regarding reversing fatty acid advice.	Nil
14/06/2021	Email	David Brown	Provided references regarding fatty acids and type 2 diabetes.	Nil

Date received	Contact type	Contact person/ organisation	Topic	Outcome
11/06/2021	Email	Michael Schien University of Newcastle Health Service Convenor Diet and Agriculture Special Interest Group Doctors for the Environment Australia	Provided a viewpoint on the role of food industry in the guideline review. Provided a viewpoint on sustainable diets in the review of the Guidelines. Enquired about an opportunity to be involved in the review process.	Directed to the Dietary Guidelines consultation plan available on the NHMRC website.
10/06/2021	Email	David Brown	Provided references regarding fatty acids and infectious diseases.	Nil
08/06/2021	Email	Michael Schien University of Newcastle Health Service Convenor Diet and Agriculture Special Interest Group Doctors for the Environment Australia	Provided a viewpoint on the role of food industry in the guideline review. Provided a viewpoint on sustainable diets in the review of the Guidelines. Enquired about an opportunity to be involved in the review process.	Directed to the Dietary Guidelines consultation plan available on the NHMRC website.
31/05/2021	Email	Jenny Davis	Requested a response to the cancer statistics provided.	Email acknowledged.
25/05/2021	Email	Jenny Davis	Recommended updating the Guidelines before 2024. Provided additional references about cancer statistics.	Nil
16/05/2021	Email	Jenny Davis	Requested information on when the Guidelines will be updated and provided references about cancer rates.	Advised that information about the review process is available on the NHMRC website.

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16/03/2021	Email	Melissa Cameron, Dairy Australia	Follow up for email sent on 12/03/2021.	Advised unable to meet as requested. Advised that information about the review process will be shared via the NHMRC website.
12/03/2021	Email	Melissa Cameron, Dairy Australia	Requested a face-to-face meeting to introduce Dairy Australia and how it can support the Guideline review process.	Nil
12/03/2021	Email	Honest Dietary Guidelines Alliance	Email addressed to the Minister for Health and Aged Care, the NHMRC board, and others. Requested a public commitment to transparency around the selection of Dietary Guidelines Expert Committee members and contractors.	Response provided by the Minister for Health and Aged Care.
03/03/2021	Email	Tracy Black	Requested information on Guideline review process. Provided information about vegan diets.	Directed to the NHMRC website for information about the review process and provided link to the Dietary Guidelines Stakeholder Scoping Survey.
24/02/2021	Email	Peter Strous, The Ideal Diet	Provided information on an optimum diet for avoiding diseases, maintaining health and longevity.	Advised to re-submit information during evidence submission stage of review.