

## Dietary Guidelines Expert Committee – Declaration of Interests

The interests declared by Dietary Guideline Expert Committee members have been reviewed by the Dietary Guidelines Governance Committee and been assessed as either low or no risk of bias.

Name	Professor Sarah McNaughton (Chair)
<b>Employment</b>	Professor of Nutrition, Deakin University; Employed since October 2005 NHMRC Career Development Fellow; 2016-2019 Funded by Deakin University since January 2020
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Australian Research Council Discovery Project DP1095595; Diet quality and cognitive function; \$210,000</li> <li>• NHMRC Project Grant ID1008879; management of heart disease; 2018-2020; \$850,666</li> <li>• Medical Research Future Fund Preventative and Public Health Research Initiative; Healthy ageing, falls and osteoporosis. 2020-2024; \$1,393,504</li> <li>• World Health Organisation; Dietary patterns and multiple health outcomes; 2016; US\$20,000</li> <li>• Australian Research Council Discovery Project; DP170100544; Eating patterns, physical activity, sleep and mood; 2017-2019; \$486,000</li> <li>• World Health Organisation; Dietary patterns and multiple health outcomes; 2018-2021; \$252,751</li> <li>• Australian Research Council Linkage Grant; LP0990129; Fruits and vegetables; 2009-2012; \$70,000</li> <li>• World Health Organisation; Dietary patterns and multiple health outcomes; 2018-2019; \$33,700</li> <li>• Australian Research Council Discovery Project; DP190101323; Nutrition evidence; 2019-2021; \$342,899</li> <li>• Oz Harvest; Food security and food literacy; 2019; \$9,838</li> <li>• Eisele Family Foundation (US); Food security; 2020-2021; US\$85,000 ~ AUD\$123,000</li> <li>• Victorian Health Promotion Foundation; Sugar sweetened beverages; 2016; \$34,952</li> <li>• Medibank Better and Health Foundation; Osteoarthritis; 2013-2014 and 2018-2020</li> <li>• Nutricia Research Foundation; Dietary assessment, 2013-2014*</li> <li>• Australian Orthopaedic Association; Osteoarthritis; 2018-2020</li> <li>• Diabetes Australia Research Trust; Diet quality and cognitive function; 2014</li> <li>• Australian Research Council; FT100100581; Dietary assessment; 2011-2015</li> <li>• Lotteries Health Research; Dietary patterns and metabolic health; 2013-2014</li> <li>• Massey University Postgraduate Fund; Dietary patterns and metabolic health; 2013-2014</li> <li>• NHMRC Project Grant ID1144331; 2018-2020; \$858,549</li> <li>• NHMRC Tender; Evidence evaluation for iodine; 2021-Current; \$124,805</li> <li>• NHMRC Tender; Evidence evaluation for sodium; 2021-Current; \$148,806</li> </ul>

Name	Professor Sarah McNaughton (Chair)
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Australian Research Council Discovery Project DP1095595; Diet quality and cognitive function; \$210,000</li> <li>• Medical Research Future Fund Preventative and Public Health Research Initiative; Healthy ageing, falls and osteoporosis. 2020-2024; \$1,393,504</li> <li>• Australian Research Council Discovery Project; DP170100544; Eating patterns, physical activity, sleep and mood; 2017-2019; \$486,000</li> <li>• Australian Research Council Linkage Grant; LP0990129; Fruits and vegetables; 2009-2012; \$70,000</li> </ul>
<b>Advisory or governing boards</b>	<ul style="list-style-type: none"> <li>• Nutrition Australia Victoria Board; Board Member; May 2017-Nov 2021; Declined remuneration</li> <li>• NHMRC Discretionary Foods and Drinks Expert Working Group; 2018-2020; Sitting fees paid</li> </ul>
<b>Consulting/Speakers' fees/Honoraria/Paid authorship</b>	Nil
<b>Meeting attendance/paid travel/receipt of meals</b>	<ul style="list-style-type: none"> <li>• Nutrition Society of Australia: Annual Scientific Meeting Plenary Speaker 2019 Title of presentation: Assessing dietary patterns and diet quality and associations with health outcomes. Provided cost of travel and conference</li> <li>• Nutrition Society of Australia: Science Meets Parliament; Nutrition Society of Australia Representative; 2017. Provided cost to attend</li> </ul>
<b>Intellectual Property (patents, licenses, royalties)</b>	Nil
<b>Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies</b>	Nil
<b>Family member^ employment/financial interests</b>	Nil
<b>Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected</b>	Nil

Name	Professor Sarah McNaughton (Chair)
by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)	
Relationship with organisations which advocate known industry or policy positions	<ul style="list-style-type: none"> <li>• Dietitians Australia Corporate Sponsorship Reference Group; Consultation group; 2017-2018 Awards and Recognition Advisory Committee; 2014-2020 Conference Committee; 2015-2016 Fellow</li> <li>• Heart Foundation Heart Foundation Expert Reference Group; Position statement on meat, eggs and dairy products; 2018-2019 Provided feedback on alcohol position: named contributor; 2020 Contributed to Healthy Heart Healthy Eating patterns, Dietary Position Statement; named contributor; Published in 2019</li> <li>• External Resource Expert, World Health Organisation, WHO Nutrition Guidance Expert Advisory Group (NUGAG) Subcommittee on Diet and Health; 2018-Present</li> <li>• National Osteoarthritis Strategy Working Group; Contributed to National Strategy; 2018</li> <li>• Public Health Association of Australia Member; November 2021-Current Contributed to position statement on dietary patterns, food-based guidelines and nutrition; 2019</li> <li>• Nutrition Society of Australia Member; 1997-2003 and 2007 - Current Recipient of award; 2016; \$2000 Recipient of award; 2020; No financial component Chair; Melbourne Group; 2011-2012 Member; National Council; 2011-2012 Member; Professional Registration Committee; 2009-2011</li> <li>• National Network of Dietetic and Nutrition Research Leaders; Member; 2017-Current</li> <li>• American Society for Nutrition; Member; 2007-Present</li> <li>• Australasian Epidemiological Association; Member; 2006 - Present</li> <li>• Nutrition Society UK; 2003-2018</li> </ul>

Name	Professor Sarah McNaughton (Chair)
Unpaid consultancies and/or in-kind support	<ul style="list-style-type: none"> <li>• Coles; 2009-2012</li> <li>• National Heart Foundation; 2009-2012</li> <li>• Opie, McNaughton, Crawford, Abbott, Ball. How and why does discretionary food consumption change when we promote fruit and vegetables? Results from the ShopSmart randomised controlled trial</li> </ul>
Any relationship with NHMRC	<ul style="list-style-type: none"> <li>• Previously funded by NHMRC. Career Development Fellowship; 2006-2009 Postdoctoral Fellowship (2005-2009)</li> <li>• Chief Investigator on multiple grants in the last 15 years</li> <li>• Served on NHMRC Discretionary Foods and Drinks Expert Working Group; 2018-2020</li> <li>• Served on Early Career Fellowship Panel; 2014, 2015, 2016, 2018</li> <li>• Investigator Grant Panel – Emerging Leadership Level; 2019</li> </ul>
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	<ul style="list-style-type: none"> <li>• 2017 Theo Murphy High Flyers Think Tank – Rethinking Food and Nutrition Science, Australian Academy of Science, 26-28 July, Perth</li> <li>• Rapporteur/Leader of Working Group, and co-led writing of Discussion Paper “The Australian Food and Nutrition Knowledge Hub: A critical piece of national infrastructure for nutrition science”. <a href="http://www.science.org.au/nutrition-discussion-papers">www.science.org.au/nutrition-discussion-papers</a></li> <li>• Australian Chronic Disease Prevention Alliance; Management of CVD Risk; Update on the Absolute Cardiovascular Disease Risk Guidelines; Expert Subgroup; 2017-Present</li> <li>• Current Developments in Nutrition; Academic Editor; 2020-Present</li> <li>• International Conference on Diet and Activity Methods; International Advisory Committee; 2018-2021</li> <li>• Scientific Program Committee, 2017 Annual Meeting of the International Society for Behavioral Nutrition and Physical Activity; 2016-2017</li> <li>• Oceanic Nutrition Leadership Program – Member of Management Committee and Chair of selected working group; 2015-2017</li> <li>• Science Meets Parliament; Nutrition Society of Australia Representative; 2017</li> <li>• International Journal of Behavioural Nutrition and Physical Activity; Editorial Board Member; 2007-2021</li> <li>• Member, Council of Deans of Nutrition &amp; Dietetics (CDND) (Australia and New Zealand); March 2017-June 2020</li> </ul>
Publically expressed a position related to the topic of the	See list of published papers and media on Deakin University Staff Profile. <a href="https://www.deakin.edu.au/about-deakin/people/sarah-mcnaughton">https://www.deakin.edu.au/about-deakin/people/sarah-mcnaughton</a>

Name	Professor Sarah McNaughton (Chair)
<p>guidelines (e.g. published opinion, media interview, blog, etc)</p>	<p>Key relevant publications/media declared in last five years</p> <p>Publications</p> <ul style="list-style-type: none"> <li>• Kumanyika S, Afshin A, Arimond M, Lawrence M, McNaughton S, Nishida C. Approaches to Defining Healthy Diets: A Background Paper for the International Expert Consultation on Sustainable Healthy Diets. Food and Nutrition Bulletin. 2020; 41(2S):S7-S30. Doi: 10.1177/0379572120973111</li> <li>• Wingrove K, Lawrence M, McNaughton SA. (2020). Dietary patterns, foods, and nutrients: a descriptive analysis of the systematic reviews conducted to inform the Australian Dietary Guidelines. Nutrition Research Reviews. <a href="https://doi.org/10.1017/S0954422420000190">https://doi.org/10.1017/S0954422420000190</a></li> <li>• McNaughton SA. (2020). Dietary Patterns. (Volume 2B Chapter 13). In Marriott BP, Birt DF, Stallings VA, Yates AA. (Eds). 11th Edition, Present Knowledge in Nutrition. Elsevier: Amsterdam, Netherlands. 2020; pp 235-248</li> <li>• Lawrence MA, McNaughton SA. (2019). Vegetarian diets and health. BMJ; 366:l5272. doi: 10.1136/bmj.l5272.</li> </ul> <p>Media</p> <ul style="list-style-type: none"> <li>• <a href="https://www.abc.net.au/radionational/programs/lifematters/the-risks-&amp;-benefits-of-artificial-sweeteners/9171230">https://www.abc.net.au/radionational/programs/lifematters/the-risks-&amp;-benefits-of-artificial-sweeteners/9171230</a></li> <li>• <a href="https://theconversation.com/health-check-should-i-replace-sugar-with-artificial-sweeteners-82576">https://theconversation.com/health-check-should-i-replace-sugar-with-artificial-sweeteners-82576</a></li> <li>• The benefits of plant-based eating. The Saturday Paper, 19th May 2018. <a href="https://www.thesaturdaypaper.com.au/2018/05/19/the-benefits-plant-based-eating/15266520006233">https://www.thesaturdaypaper.com.au/2018/05/19/the-benefits-plant-based-eating/15266520006233</a></li> <li>• Five 'healthy eating' myths dispelled. "this", February 2017. <a href="http://this.deakin.edu.au/culture/five-healthy-eating-myths-dispelled">http://this.deakin.edu.au/culture/five-healthy-eating-myths-dispelled</a></li> </ul>
<p>Other</p>	<p>Institute of Physical Activity and Nutrition (IPAN); Member and Deputy Director; Provides feedback on IPAN submissions to government; not named as an individual</p> <p>Webinar speaker for the Heart Foundation: From evidence to eating - A health professional webinar on how dietary patterns are leading the way forward in nutrition. No payment to be received. No sponsors of event. October 2021</p> <p>AIA   Baker Heart &amp; Diabetes Institute Roundtable "5590 Virtual Roundtable - Navigating the path to healthier, longer better lives". No payment. No sponsors involved. July 2021</p>

<b>Name</b>	<b>Professor Sarah McNaughton (Chair)</b>
<b>Additional Information</b>	Nil

\*This disclosure has been rated as low risk of bias by the Dietary Guidelines Governance Committee for the following reasons:

- the individual and their employing institution did not receive any Nutricia Research Foundation funds
- the grant was awarded to the investigators more than 5 years ago
- the individual was not a named investigator on the grant.

<b>Name</b>	<b>Emeritus Professor Colin Binns</b>
<b>Employment</b>	Quinns Mindarie Super Clinic; Employed since 2010
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• NHMRC-National Foundation for Science and Technology Development Collaborative Research Projects Funding 2018 (APP1155518/ NHMRC.108.03-2018.09); A smartphone application to support breastfeeding for Vietnamese women following caesarean section: Randomised controlled trial; 2019-2022</li> <li>• NHMRC Funding; Infant Feeding Research, Infant Feeding Guidelines for the Asia Pacific Region. Asia Pacific Journal of Public Health' Published in 2018</li> <li>• Curtin University and Ausaid; Protective effects of breastfeeding against acute respiratory tract infections and diarrhoea: Findings of a cohort study; Published in 2017</li> <li>• Curtin University; Implications of methodological differences in measuring the rates of exclusive breastfeeding in Nepal: findings from literature review and cohort study; Published in 2016</li> <li>• Department of Science and Technology of Hebei, China; Grant no. 142777106D Department of Nursing of Chengde Medical University China; Breastfeeding in China: A Review of Changes in the Past Decade; Published in 2020</li> <li>• Western Australia Health Promotion Foundation, Healthway grant 24023; Impact of a Face-To-Face Versus Smartphone App Versus Combined Breastfeeding Intervention Targeting Fathers: Randomized Controlled Trial; Published in 2021</li> <li>• Curtin University; Habitual Tea Consumption Reduces Prostate Cancer Risk in Vietnamese Men: a Case-Control Study; Published in 2016</li> <li>• School of Public Health, Curtin University, PhD Scholarship, photocopying, printing, library access and other consumables. Cohort profile: maternal lifestyle and diet in relation to pregnancy, postpartum and infant health outcomes in Vietnam: A multicentre prospective cohort study; Published in 2017, Dietary Carotenoid Intakes and Prostate Cancer Risk: A Case-Control Study from Vietnam; Published in 2018, Postpartum Physical Activity and Weight Retention within One Year: A Prospective Cohort Study in Vietnam; Published in 2020, two-part mixed-effects model for analyzing clustered time-to-event data with clumping at zero. Computer Methods and Programs in Biomedicine; Published in 2020, Prelacteal and early formula feeding increase risk of infant hospitalisation: a prospective cohort study; Published in 2020, Caesarean delivery associated with adverse breastfeeding practices: a prospective cohort study; Published in 2020, Prevalence and pregnancy outcomes of gestational diabetes mellitus by different international diagnostic criteria: a prospective cohort study in Vietnam; Published in 2019, Low Dietary Intakes of Essential Nutrients during Pregnancy in Vietnam; Published in 2018, Physical Activity During Pregnancy and Postpartum Low Back Pain: A Prospective Cohort Study in Vietnam; Published in 2019, Low Prevalence of Folic Acid Supplementation during Pregnancy: A Multicenter Study in Vietnam; Published in 2019, Physical activity during pregnancy is associated with a lower prevalence of gestational diabetes mellitus in Vietnam; Published in 2018, Physical Activity During</li> </ul>

Name	Emeritus Professor Colin Binns
	<p>Pregnancy is Associated with Improved Breastfeeding Outcomes: A Prospective Cohort Study; Published in 2019, Gestational Diabetes Mellitus Reduces Breastfeeding Duration: A Prospective Cohort Study; Published in 2019</p> <ul style="list-style-type: none"> <li>• Curtin University; Prostate Cancer Risk Reduced by Physical Activity Even Among Men With Prolonged Sitting Time: A Study From Vietnam; Published in 2018</li> <li>• School of Public Health, Curtin University, PhD Scholarship, photocopying, printing, library access and other consumables, National Institute of Hygiene and Epidemiology, Hanoi, Vietnam; Thai Nguyen University of Medicine and Pharmacy, Thai Nguyen, Vietnam and Hanoi University of Public Health, Hanoi, Vietnam Soyfood and isoflavone intake and risk of type 2 diabetes in Vietnamese adults; Published in 2017.</li> <li>• China Medical Board (Grant No. 14-199); Dietary patterns during pregnancy and risk of gestational diabetes: a prospective cohort study in Western China; Published in 2018, Maternal lifestyle and nutritional status in relation to pregnancy and infant health outcomes in Western China: protocol for a prospective cohort study; Published in 2017, Maternal lifestyle and nutritional status in relation to pregnancy and infant health outcomes in Western China: protocol for a prospective cohort study; Published in 2017</li> <li>• National Center for Women and Children's Health, China Centre for Disease Control under Grant Number 2019FYH014; WeChat-based intervention to support breastfeeding for Chinese mothers: protocol of a randomised controlled trial. BMC Medical Informatics and Decision Making; Published in 2020</li> <li>• Healthway, the Western Australian Health Promotion Foundation (Grant number 19986); Using Cross-Sectional Data to Identify and Quantify the Relative Importance of Factors Associated with and Leading to Food Insecurity; Published in 2018</li> </ul>
Advisory or governing boards	Nil
Consulting/Speakers' fees/Honoraria/Paid authorship	Nil
Meeting attendance/paid travel/receipt of meals	Keynote speaker at 1 or 2 conferences annually with expenses paid by universities and/or professional associations. Speakers' fees not accepted. Curtin University has paid for several conference attendances
Intellectual Property (patents, licenses, royalties)	Nil
Direct relationships or payments from any of the following: Food companies, food manufacturers,	Nil

<b>Name</b>	<b>Emeritus Professor Colin Binns</b>
grocery stores, dietary products companies, professional societies	
Family member^ employment/financial interests	Family member – Nutrition Lecturer, President of Binational Science and Engineering Association
Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)	Nil
Relationship with organisations which advocate known industry or policy positions	Nil
Unpaid consultancies and/or in-kind support	Nil
Any relationship with NHMRC	Represent College of General Practitioners on the Vitamin K Working Party; Working Party member; In abeyance at present
Relationships of family^ members relevant to dietary guidelines review	
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	Editor of Asia Pacific Journal of Public Health (Owned by approx. 60 universities in the region) Honorary position

<b>Name</b>	<b>Emeritus Professor Colin Binns</b>
<b>Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)</b>	Hundreds of interviews, media statements, published papers on Dietary Guidelines. Represented NHMRC before parliamentary committees
<b>Other</b>	Served as a chair or member of dozens NHMRC Dietary Guidelines and Nutrition Committees
<b>Additional Information</b>	Several papers submitted or in press

<b>Name</b>	<b>Associate Professor Sandra Campbell</b>
<b>Employment</b>	Systems Manager, National Support Service, Australian NurseFamily Partnership Program, Department of Health, 2020-current Research role, Molly Wardaguga Research Centre, Charles Darwin University, 2020-current
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Department of Health; Support service for pregnancy and early childhood care for Aboriginal and Torres Strait Islander families. Team Leader; 2020-2022</li> <li>• Medical Research Future Fund; Trauma integrated perinatal care for Aboriginal and Torres Strait Islander parents and infants; 2022-2025</li> <li>• Apunipima Cape York Health Council; Antenatal and postnatal care and health promotion for Aboriginal and Torres Strait Islander families in Cape York communities; Evaluation of the Baby One Program; 6 years on; December 2020-December 2021</li> <li>• Lowitja Institute Aboriginal and Torres Strait Islander Health Cooperative Research Centre (CRC); Supporting Indigenous parents who have experienced childhood trauma; 2017-2019</li> <li>• Lowitja Institute Aboriginal and Torres Strait Islander Health Cooperative Research Centre (CRC); Workforce issues in Indigenous primary healthcare sector; 2018</li> <li>• Lowitja Institute Aboriginal and Torres Strait Islander Health Cooperative Research Centre (CRC), Victorian Government's Operational Infrastructure Support Program; Supporting Indigenous parents who have experienced childhood trauma; 2017-2019</li> <li>• Lowitja Institute Aboriginal and Torres Strait Islander Health Cooperative Research Centre (CRC); Trauma integrated perinatal care for Aboriginal and Torres Strait Islander parents and infants; 2017-2019</li> <li>• Gurriny Yealamucka Health Service Aboriginal Corporation; Indigenous community controlled primary health care; 2018</li> <li>• North Queensland Children's Research Foundation; Antibiotic use in Indigenous children; 2015-2017</li> <li>• NHMRC; Maternal and Child Health services for Indigenous families, Redesigning maternal, newborn and child health services for the best start in life for First Nations families (AI); 2020-2025</li> <li>• NHMRC; Indigenous health care equity, Strengthening systems for Indigenous healthcare equity; 2020-2025</li> <li>• NHMRC; Prevention of chronic health conditions in high risk populations; 2012-2016.</li> <li>• NHMRC Global Alliance Chronic Disease; Models of health care for diabetes in pregnancy; 2015-2020</li> <li>• NHMRC Centre for Research Excellence: Improving Health Services for Aboriginal and Torres Strait Islander Children via Apunipima Cape York Health Council, 2015-2016</li> <li>• NHMRC; Aboriginal and Torres Strait Islander maternal health; 2014-2017</li> </ul>

Name	Associate Professor Sandra Campbell
	<ul style="list-style-type: none"> <li>• NHMRC and Western Australian Department of Health; Perinatal mental health screening for Indigenous women; 2017-2020</li> <li>• NHMRC; Antenatal and postnatal care and health promotion for Aboriginal and Torres Strait Islander families in Cape York communities; 2015-2017</li> <li>• NHMRC; Family centred care for early childhood; 2015-2016</li> <li>• Centre for Chronic Disease prevention; Prevention of chronic health conditions in high risk populations; 2012-2016</li> <li>• Diabetes Queensland; Postnatal care for Aboriginal and Torres Strait Islander women with diabetes in pregnancy; 2014-2015</li> </ul>
<b>Advisory or governing boards</b>	<ul style="list-style-type: none"> <li>• Committee member; Vitamin K Working; NHMRC; 2017-2019</li> <li>• Aboriginal and Torres Strait Islander Award Committee member; National Heart Foundation; 2019-2020</li> <li>• Committee member; Human Ethics Research Committee; James Cook University; 2017-2018</li> <li>• Apunipima Cape York Health Council, Research Governance Committee member, 2014-2019</li> </ul>
<b>Consulting/Speakers' fees/Honoraria/Paid authorship</b>	Nil
<b>Meeting attendance/paid travel/receipt of meals</b>	Nil
<b>Intellectual Property (patents, licenses, royalties)</b>	Nil
<b>Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies</b>	Nil
<b>Family member^ employment/financial interests</b>	Nil
<b>Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with</b>	Nil

Name	Associate Professor Sandra Campbell
industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)	
Relationship with organisations which advocate known industry or policy positions	Nil
Unpaid consultancies and/or in-kind support	Nil
Any relationship with NHMRC	As above & assessor of grant applications; 2013-2021
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	Nil
Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)	Nil.
Other	Nil.
Additional Information	Nil.

<b>Name</b>	<b>Dr Penelope Love</b>
<b>Employment</b>	<p>Deakin University, School of Exercise &amp; Nutrition Sciences (SENS), Institute for Physical Activity &amp; Nutrition (IPAN); Senior Lecturer, Community and Public Health Nutrition; May 2019- Current</p> <p>Deakin University, School of Exercise &amp; Nutrition Sciences (SENS), Institute for Physical Activity &amp; Nutrition (IPAN); Research Fellow (part-time); August 2016-April 2019</p> <p>Queensland University of Technology, School of Exercise and Nutrition Sciences; Research Fellow (part-time); March 2016-August 2016</p> <p>Victoria Healthy Eating Advisory Service, Nutrition Australia; Dietitian (part-time); March 2016-July 2016</p> <p>Deakin University, Global Obesity Centre; Research Fellow (part-time); January 2016-June 2016</p>
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Department of Health and Human Services, Victoria; The YCHANGe Project: whole of community obesity prevention initiative – Project Grant Funding; \$120,000; 2016</li> <li>• Royal Flying Doctors Services, Victoria; The YCHANGe Project: whole of community obesity prevention initiative – Project Grant Funding; \$40,000 per year; 2016 and 2017</li> <li>• New South Wales Translational Research Grant Scheme (TRGS 200), Sydney Local Health District; 2016-2020</li> <li>• National Health and Medical Research Council Centre of Research Excellence in the Early Prevention of Obesity in Childhood (EPOCH CRE) GNT1101675; Early Prevention of Childhood Obesity; \$2,483,243; 2016-2020</li> <li>• New South Wales Health Translational Research Grant Scheme 2016 (TRGS 200) and Sydney Local Health District; Early Prevention of Childhood Obesity; 2016-2020</li> <li>• Institute for Physical Activity and Nutrition (IPAN), Deakin University; Food provision in ECEC: Standardising recommendations; \$10,000; 2019</li> <li>• University of Canberra Early Career Academic and Researcher Development Grant; Association between child-feeding practices, children's appetite traits, dietary patterns, bitter-taste sensitivity and weight status of school-aged children 7-12years; \$10,000; 2020-2021</li> <li>• University of Canberra Seed Grant; Association between PTC/PROP taste sensitivity, food preferences and weight status in Australian children aged 7-12 years in the ACT region; \$5,000; 2019-2020</li> <li>• International Society for Behavioural Nutrition and Physical Activity Special Interest Group project funding scheme; Implementation and Scalability Barriers for Physical Activity and Nutrition Researchers; 2012-2015</li> <li>• Australian Research Council; Food policies for population health: evidence, influence and accountability; 2018</li> <li>• NHMRC Partnership Project; A multi-component supermarket intervention to promote healthy eating; 2017-2020</li> </ul>

Name	Dr Penelope Love
	<ul style="list-style-type: none"> <li>NHMRC CRE; Implementation for Community Chronic Disease Prevention; 2018</li> <li>NHMRC Project Grant; The Strong Families Trial: Randomised controlled trial of a family strengthening program to prevent unhealthy weight gain among 5- to 11-year old children from at risk families; 2018</li> <li>NHMRC Project Grant; Strengthening the evidence foundation for public health guidelines; 2018</li> <li>NHMRC CRE; Reducing salt intake using food policy interventions; 2017-2021</li> <li>National Heart Foundation Vanguard Grant Heart Foundation Australia; Trends in discretionary food and drink sales in Australia; 2017</li> <li>The Australian Prevention Partnership Centre through the NHMRC partnership centre grant scheme (Grant ID: GNT9100001) with the Australian Government Department of Health, NSW Ministry of Health, ACT Health and the HCF Research Foundation; Policy and practice in managing childhood obesity: Implementation case studies in Qld and NSW; 2016</li> <li>Research Council of Norway - Collaborative and Knowledge Scheme; Evidence based early-life nutrition interventions for community resilience and life course health; 2021-2025</li> <li>NHMRC Partnership Projects Grant; Evaluating real-world implementation of an evidence-based program addressing lifestyle behaviours from the start of life; 2019/20 - 2023/24</li> <li>Australian Prevention Partnership Centre (TAPPC) through the NHMRC partnership centre grant scheme (Grant ID: GNT9100001). Funded as a post-doc through the NHMRC Centre of Research Excellence in the Early Prevention of Obesity in Childhood (APP1101675); Policy and practice in managing childhood obesity: Implementation case studies in Qld and NSW; 2016</li> </ul>
Advisory or governing boards	Nil
Consulting/Speakers' fees/Honoraria/Paid authorship	Nil
Meeting attendance/paid travel/receipt of meals	Nil
Intellectual Property (patents, licenses, royalties)	Nil
Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies	Nil
Family member^ employment/financial	Nil

<b>Name</b>	<b>Dr Penelope Love</b>
<b>interests</b>	
<b>Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)</b>	Nil
<b>Relationship with organisations which advocate known industry or policy positions</b>	<ul style="list-style-type: none"> <li>• Dietitians Australia - membership; Volunteer role: convenor of the Dietitians Australia Public Health and Community Nutrition Interest group; Member 2011- present; Convenor 2018- present</li> <li>• Public Health Association of Australia (PHAA) - membership; Volunteer role: co-convenor of the PHAA Food and Nutrition Special Interest group; Membership 2014- present; Convenor 2018- present</li> </ul>
<b>Unpaid consultancies and/or in-kind support</b>	Nil
<b>Any relationship with NHMRC</b>	Nil
<b>Relationships of family^ members relevant to dietary guidelines review</b>	Nil
<b>Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).</b>	Nil
<b>Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)</b>	Nil

<b>Name</b>	<b>Dr Penelope Love</b>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Dr Love is co-founder of the Australian National Nutrition Network - Early Childhood Education and Care (NNN-ECEC) with international and national representation from academic institutions and NGOs developing, implementing and evaluating nutrition-related initiatives within the ECEC sector</li> <li>• Nutritious Tools Project (funded through Commonwealth Department of Health \$1.2mil); Steering group member; 2021-2024</li> </ul>
<b>Additional Information</b>	Nil

<b>Name</b>	<b>Dr Evangeline Mantzioris</b>
<b>Employment</b>	Program Director of Nutrition and Food Sciences, University of South Australia
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Central Adelaide Local Health Network; Can dietary interventions improve management of patients experiencing chemotherapy induced diarrhoea (\$4645.35); 2021/2022.</li> <li>• Department of Foreign Affairs and Trade; student-study study tour of Fiji looking at eco-food systems; 2019-2020</li> <li>• NHMRC; Awarded a CRE Women's Health in Reproductive Life (\$13,250); 2021</li> <li>• NHMRC; Impact of omega-3 supplements on adiposity at 7yrs; 2017</li> <li>• NHMRC; Health in Pre-conception &amp; Pregnancy (\$10,000); 2022-2023</li> </ul>
<b>Advisory or governing boards</b>	Alliance in Research in Exercise, Nutrition and Activity (ARENA) at the University of South Australia; Leadership member; 2020- Present.
<b>Consulting/Speakers' fees/Honoraria/Paid authorship</b>	<ul style="list-style-type: none"> <li>• Education in Nutrition; October- November 2020</li> <li>• Taylor and Francis; Nutrition for Exercise, Sports and Performance. University Textbook; 2018</li> </ul>
<b>Meeting attendance/paid travel/receipt of meals</b>	Nil
<b>Intellectual Property (patents, licenses, royalties)</b>	Nil
<b>Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies</b>	Nil
<b>Family member^ employment/financial interests</b>	<ul style="list-style-type: none"> <li>• Family members employed in retail food sales 2015-present</li> </ul>
<b>Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food</b>	Nil

<b>Name</b>	<b>Dr Evangeline Mantzioris</b>
manufacturers, grocery stores, dietary product companies)	
<b>Relationship with organisations which advocate known industry or policy positions</b>	Dietitians Australia; Member; 1989-present
	Sports Dietitians Australia; Member; 2012-present
<b>Unpaid consultancies and/or in-kind support</b>	2017 Croda Chemicals donated control capsules for NHMRC funded study.
<b>Any relationship with NHMRC</b>	Nil
<b>Relationships of family^ members relevant to dietary guidelines review</b>	Nil
<b>Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).</b>	Nil
<b>Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)</b>	<ul style="list-style-type: none"> <li>• Dinner with a Scientist: Debunking the Myths of Nutrition – The Dietary Guidelines; Invited Dinner <u>Speaker</u> for Australian Society for Medical Research ASMR Public Event, Adelaide; June 2015</li> <li>• Dietary Guidelines – what are they good for? Invited Lunch <u>Speaker</u> at Adelaide Club; March 2021</li> <li>• Author with The Conversation – a variety of articles on food and health</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Associate editor, Dietitians Australia "Nutrition and Dietetics" Journal; 2014-present.</li> <li>• Co-editor, Special issue editor for peer-reviewed journal "Metabolites" Special Issue is "Cardiometabolic Effect of the Mediterranean Diet"; September 2021-present.</li> <li>• Co-editor, Special issue editor for peer reviewed journal "Frontiers in Nutrition" Special Issue is "Ultra-processed Foods: Health Concerns and Consumption Trends"; August 2021-present.</li> </ul>
<b>Additional Information</b>	Nil

<b>Name</b>	<b>Professor Gita Mishra</b>
<b>Employment</b>	NHMRC Principal Research Fellowship School of Public Health, University of Queensland; 2017-2022 ARC Future Fellowship, School of Public Health, University of Queensland; 2014-2017
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Australian Government Department of Health; Australian Longitudinal Study on Women's Health (ALSWH) (and all related publications); 2014-Current</li> <li>• NHMRC Principal Research Fellowship (APP1121844); Leveraging women's health data resources to reduce chronic disease risk and extend healthspan (and all related publications); 2017-2022</li> <li>• Jean Hailes for Women's Health; Concise literature review to support revised Women's Health Policy 2020-2030; 2018</li> <li>• Australian Research Council Future Fellowship (FT120100812), Professional Research Fellowship (PRF) (APP 1121844); Trajectories and turning points for women's reproductive health; 2014-2017</li> <li>• NHMRC Project Grant APP1059550; The Mother's and their Children's Health (MatCH) study, Maternal health and wellbeing and children's health outcomes; 2017</li> <li>• NHMRC Project Grant (APP1048023), philanthropic funding provided by The Royal Women's Hospital (Melbourne, Australia) The Women's Foundation (Melbourne, Australia), Australia New Zealand Gynaecological Oncology Group (ANZCOG, Sydney, Australia) the Westmead Hospital Familial Cancer Service (Sydney, Australia) and in the USA this study was supported by philanthropic funding provided by the Basser Center for BRCA and the Susan G. Komen organization (SAC150003); Health and wellbeing of women after surgical menopause; 2017</li> <li>• NHMRC Project Grant (APP1027196); International collaboration for a Life course Approach to reproductive health and Chronis disease Events (InterLACE) project; 2017</li> <li>• Australian Government Department of Education and Training; Australian Early Development Census (AEDC), Testing the role of the timing and chronicity of maternal depressive symptoms in the associations with child behaviour and development (alongside the ALSWH and MatCH studies); 2017</li> <li>• NHMC Partnership Project (APP10743456), supported by funding from NHRMC and Cancer Councils in New South Wales, Victoria, South Australia and Western Australia; Translating research into practice: outcomes from the Healthy Living after Cancer partnership project; 2017</li> <li>• Commonwealth of Australia Medical Research Future Fund Grant (MRFF-END); Prevalence and incidence of endometriosis in Australian women: a data linkage cohort study; 2017</li> <li>• EU FP7 Multi-country cOllaborative project on the rOlE of Diet, FOod-related behaviour, and Obesity in the prevention of Depression (MooDFOOD) (Project 613598), InCHIANTI study baseline (1998-2000) Italian Ministry of Health (ICS110.01/RF97.71) and in part by the US National Institute on Aging, Bethesda, MD (contracts: 236 MD 916413 and 236 MD 821336), InCHIANTI follow-ups two and three (2004-2010) by the US National Institute on Aging (contract: N01-AG-5-0002), supported in part by the Intramural Research Program of the National Institute on</li> </ul>

Name	Professor Gita Mishra
	<p>Aging, National Institutes of Health The Whitehall II study was supported by the UK Medical Research Council, British Heart Foundation, and the US NIH (R01HL36310, R01AG013196); Association of a priori dietary patterns with depressive symptoms: a harmonised meta-analysis of observational studies; 2017</p> <ul style="list-style-type: none"> <li>• National Institute of Aging (R01AG017644), and a consortium of the UK government departments coordinated by the National Institute for Health Research; Adverse childhood experiences are associated with increased risk of miscarriage in a national population-based cohort study in England; 2017</li> <li>• Medical Research Council National Survey of Health Development (NSHD); the UK Medical Research Council (MC UU 12019/1, National Child Development Study (NCDS); the UK Economic and Social Research Council, The Whitehall II study; the Medical Research Council (K013351) British Heart Foundation (BHF RG/16/11/32334) and US National Institutes on Aging (R01AG013196, R01AG034454), Seattle Midlife Women's Health Study (SMWHS); in part by grants from the National Institute of Nursing Research (P50-NU02323, P30-NR04001, and R01-NR0414), Healthy Ageing of Women Study (HOW) and Japanese Midlife Women's Health Study (JMWHS) (also called Australian and Japanese Midlife Women's Health Study); the Queensland University of Technology Early Career Research Grant and the JSPS Grant-in-aid for Scientific Research, The Study of Women's Health Across the Nation (SWAN) has grant support from the National Institutes of Health (NIH), DHHS, through the National Institute on Aging (NIA), the National Institute of Nursing Research (NINR) and the NIH Office of Research on Women's Health (ORWH) (Grants U01NR004061; U01AG012505, U01AG012535, U01AG012531, U01AG012539, U01AG012546, U01AG012553, U01AG012554, U01AG012495), (alongside ALSWH); Obesity, smoking, and risk of vasomotor menopausal symptoms: a pooled analysis of eight cohort studies; 2017</li> <li>• An unrestricted grant by PAL Technologies, Scotland, UK; A grant by the Worldwide Universities Network-Research Development Fund 2018; An internal seed grant by the University of Sydney, a National Health and Medical Research Council (Australia) equipment grant; in-kind support by the National Research Centre for the Working Environment, Copenhagen; and financial support by Loughborough University; Prospective Physical Activity, Sitting, and Sleep (ProPASS) consortium; 2017</li> <li>• The Faculty of Health, Aarhus University, Denmark (Project No. 240008), The Wood Dust Foundation (Project No. 444508795), The Danish Lung Association, the Swedish Heart and Lung Foundation, the Swedish Association Against Asthma and Allergy, the Swedish Association against Heart and Lung Disease, the Swedish Council for Working Life and Social Research, The Bror Hjerpstedt Foundation, The Vårdal Foundation for Health Care and Allergic Research, The Norwegian Research Council (Grant Nos. 214123, 230827/F20, 228174 and 135773/330), The</li> </ul>

Name	Professor Gita Mishra
	<p>Norwegian Asthma and Allergy Association, HelseVest Norway (Grant No. 911 631), The Icelandic Research Council, The University of Iceland Research Fund, The Icelandic GP's Research; Fund, The Estonian Science Foundation (Grant No. 4350), The Estonian Research Council (Grant No. PUT562), Melbourne University, National Health &amp; Medical Research Council of Australia, SEPAR Spain, Sociedad Española de Neumología y Cirugía Torácica Spain and Horizon2020 PHC1 (Grant No. 633212); ECRHS/RHINE/RHINESSA study, Asthma and selective migration from farming environments in a three-generation cohort study; 2017</p> <ul style="list-style-type: none"> <li>• NHMRC Project Grant (1103242), The Atherosclerosis Risk in Communities study has been funded in whole or in part with Federal funds from the National Heart, Lung, and Blood Institute, National Institutes of Health, Department of Health and Human Services, (contract nos. HHSN268201700001I, HHSN268201700002I, HHSN268201700003I, HHSN268201700005I, HHSN268201700004I) The Coronary Artery Risk Development in Young Adults Study (CARDIA) supported by (contracts HHSN268201800003I, HHSN268201800004I, HHSN268201800005I, HHSN268201800006I and HSN268201800007I) the National Heart, Lung, and Blood Institute (NHLBI) The Jackson Heart Study (JHS) is supported and conducted in collaboration with Jackson State University (HHSN268201800013I), Tougaloo College (HHSN268201800014I), the Mississippi State Department of Health (HHSN268201800015I) and the University of Mississippi Medical Center (HHSN268201800010I, HHSN268201800011I and HHSN268201800012I) contracts from the National Heart, Lung, and Blood Institute (NHLBI) and the National Institute for Minority Health and Health Disparities (NIMHD) The Melbourne Collaborative Cohort Study (MCCS) recruitment was funded by VicHealth and Cancer Council Victoria. The MCCS was further augmented by NHMRC grants (209057, 396414 and 1074383) and by infrastructure provided by Cancer Council Victoria. Cases and their vital status were ascertained through the Victorian Cancer Registry and the Australian Institute of Health and Welfare, including the National Death Index and the Australian Cancer Database. The Multi-Ethnic Study of Atherosclerosis was supported by (contracts HHSN268201500003I, N01-HC-95159, N01-HC-95160, N01-HC-95161, N01-HC-95162, N01-HC-95163, N01-HC-95164, N01-HC-95165, N01-HC-95166, N01-HC-95167, N01-HC-95168 and N01-HC-95169) the National Heart, Lung, and Blood Institute and by (grants UL1-TR-000040 and UL1-TR-001079) the NCRR. The Population Study of Women in Gothenburg (PSWG) was financed in part by grants from the Swedish state under the agreement between the Swedish government and the county councils (ALF-agreement ALFGBG-720201). VIVA Study received grants (95/0029 and 06/90270) from the Instituto de Salud Carlos III, Spain; Comparing different definitions of prediabetes with subsequent risk of diabetes: an individual participant data meta-analysis involving 76 513 individuals and 8208 cases of incident diabetes; 2017</li> <li>• Louisiana Clinical and Translational Science Center (U54 GM104940) from the National Institute of General Medical Sciences of the National Institutes of Health, which funds the Louisiana Clinical</li> </ul>

Name	Professor Gita Mishra
	<p>and Translational Science Center; The Preconception Period Analysis of Risks and Exposures influencing health and Development (PrePARED) consortium; 2017</p> <ul style="list-style-type: none"> <li>Insight Grant (no. 435-2012-519) from the Social Sciences and Humanities Research Council of Canada, The Health and Retirement Study is sponsored by the National Institute on Aging (grant no. IAU01AG009740); Do post-menopausal women provide more care to their kin?: evidence of grandparental caregiving from two large-scale national surveys; 2017</li> <li>National Institute on Aging (grants 2RO1AG7644 and 2RO1AG017644-01A1) and a consortium of the UK government departments co-ordinated by the Economic and Social Research Council (ESRC); The English Longitudinal Study of Ageing; 2017</li> <li>NHMRC Project Grant Schemes (299901 and 1021275), NHMRC European collaborative grant scheme (1101313) as part of ALEC (Ageing Lungs in European Cohorts funded by the European Union 's Horizon 2020 research and innovation programme ( grant no 633212); Early menarche is associated with lower adult lung function: A longitudinal cohort study from the first to sixth decade of life; 2017</li> <li>European Union's Horizon 2020 research and innovation programme under grant agreement no 635316 (ATHLOS project), the Swedish Research Council (project no: 2013-5474), the Swedish Research Council for Health, Working Life and Welfare (project no: 2013- 1850 and 2016-7312); Developmental origins of endometriosis: a Swedish cohort study; 2017</li> <li>FEDER Operational Programme Competitiveness and Internationalization and national funding from the Foundation for Science and Technology - FCT (Ministry of Science, Technology and Higher Education of Portugal, POCI-01-0145-FEDER-016829, Grant/Award Number: FCTPTDC/DTP-EPI/6506/2014)</li> </ul> <p>Unidade de Investigação em Epidemiologia - Instituto de Saúde Pública da Universidade do Porto (EPIUnit) (Grant/Award Number:POCI-01-0145-FEDER-006862, and Ref. UID/DTP/04750/2013)</p> <p>Portuguese Foundation for Science and Technology -FCT (Grant/Award Number: SFRH/BD/78153/2011); Australian Research Council, Future Fellowship, (Grant/Award Number: FT120100812); The use of weight adjusted for height rather than body mass index to assess growth trajectory: Results from a population-based cohort; 2017</p> <ul style="list-style-type: none"> <li>UK Medical Research Council (MC UU 12019/1); NSDH, UK Economic and Social Research Council; National Institute of Nursing Research; SMWHS, Queensland University of Technology Early Career Research Grant and the JSPS Grant-in-aid for Scientific Research; HOW and JMWHS (also called Australian and Japanese Midlife Women's Health Study), Medical Research Council; The Whitehall II study, National Institutes of Health (NIH), DHHS, through the National Institute on Aging (NIA), the National Institute of Nursing Research (NINR) and the NIH Office of Research on Women's Health (ORWH) (Grants U01NR004061; U01AG012505, U01 AG012535, U01AG012531,</li> </ul>

Name	Professor Gita Mishra
	<p>U01AG012539, U01AG012546, U01AG012553, U01AG012554, U01AG012495); The Study of Women's Health Across the Nation (SWAN); The role of sleep difficulties in the vasomotor menopausal symptoms and depressed mood relationships: an international pooled analysis of eight studies in the InterLACE consortium; 2017</p> <ul style="list-style-type: none"> <li>• VicHealth and the Cancer Council, Victoria, Australia; M.C.C.S, National Institute of Public Health, Copenhagen, Denmark; D.N.C.S, Swedish Research Council (Grant number 521-2011-2955); core funding from the UK Medical Research Council (MC UU 12019/1) and UK Economic and Social Research Council, respectively; N.S.H.D, National Institute on Aging (Grants 2RO1AG7644 and 2RO1AG017644-01A1) and a consortium of UK government departments; N.C.D.S.. E.L.S.A, the World Cancer Research Fund; U.K.W.C.S.; Female reproductive history and risk of type 2 diabetes: A prospective analysis of 126 721 women; 2017</li> <li>• European Union's 2020 research and innovation programme (635316) ATHLOS project, the Swedish Research Council for Health (2013-5104) and the Swedish Research Council for Health, Working Life and Welfare (2018-00211); Early life programming of adult ischemic heart disease within and across generations: The role of the socioeconomic context; 2017</li> <li>• National Heart, Lung, and Blood Institute at the National Institutes of Health, US Department of Health and Human Services (contracts HHSN268201100046C, HHSN268201100001C, HHSN268201100002C, HHSN268201100003C, HHSN268201100004C and HHSN271201100004C); WHI program, Menopausal Estrogen Therapy and Breast Cancer Mortality; 2017</li> <li>• National Health and Medical Research Council (APP1000986), Australian Research Council Centre of Excellence in Population Ageing Research (Project Number CE110001029), infrastructure and staff of the Priority Research Centre for Generational Health and Ageing (RCGHA) who are members of the Hunter Medical Research Institute; Exploring Workforce Participation Patterns and Chronic Diseases Among Middle-Aged Australian Men and Women Over the Life Course; June 2013</li> <li>• Grant-in Aid for Scientific Research from the Japan Ministry of Education, Culture, Sports, Science and Technology (JSPS KAKENHI, Grant Numbers: 202463 and 25242063); How do health behaviours relate to dietary practice patterns among Japanese adults?; June 2013</li> <li>• Kapan Ministry of Education, Culture, Sports, Science and Technology (JSPS KAKENHI, Grant Number: 252420); Japanese eating behaviour and body weight; June 2013</li> <li>• Medical Research Council (Grant numbers MRC_MC_UP_A620_1015, MRC_MC_UU_12011/2 and MRC_MC_UU_12019); Early life factors and mental health in adults; June 2013</li> <li>• Medical Research Future Fund (AP1199785); Genetic variants, Early life exposures, and Longitudinal Endometriosis Symptoms study (GELLES); 2020-2024</li> <li>• Wellcome Trust, the European Community and Diabetes UK. Additional financial support was received from Gesellschaft der Freunde und Foerderer of HeinrichHeine-University Duesseldorf,</li> </ul>

Name	Professor Gita Mishra
	<p>Germany, to the Nutrition Co-ordinating Centre (MT); Dietary patterns and type 1 diabetes; June 2013</p> <ul style="list-style-type: none"> <li>• NHMRC Project Grant (AP110324); Obesity, Pre-diabetes and Future Risk of Diabetes: Maximising the evidence, minimizing the cost. Pooled analysis to investigate the effects of obesity on Pre-diabetes; 2016-2019</li> <li>• NHMRC Project grant (APP1129592); M-PreM study: Reproductive factors, from menarche to pre-menopause, and the risk of cardiometabolic and respiratory conditions before menopause. Biomedical data collection on premenopausal women; 2017-2020</li> <li>• NHMRC Centre for Research Excellence; Women and Non-Communicable Diseases; 2019-2024</li> <li>• NHMRC Project Grant (APP1128450); Do exposures before conception influence the risk of asthma in offspring? Investigate the association of preconception factors in the development of asthma; 2017-2020</li> <li>• NHMRC Leadership Fellow (L3) (APP209577); Tackling multimorbidity in women across the life course: Building the evidence for improved prevention strategies and care pathways; 2022-2026</li> </ul>
<b>Advisory or governing boards</b>	<ul style="list-style-type: none"> <li>• International Prediction of Pregnancy Complication Network (UK based); Steering Committee Member; 2019-2021</li> <li>• National Endometriosis Clinical and Scientific Trials (NECST) Network; Advisory Committee Member; 2018-2022</li> <li>• Ten to Men Study; External Scientific Advisory Group; 2019-Current</li> <li>• National Women's Health Research, Translation and Impact Network (WHRTN); Steering Committee Member; 2020</li> <li>• European Menopause and Andropause Society; Advisory Board Member; 2019-2021</li> </ul>
<b>Consulting/Speakers' fees/Honoraria/Paid authorship</b>	Nil
<b>Meeting attendance/paid travel/receipt of meals</b>	<ul style="list-style-type: none"> <li>• Internal grant from Stockholm University and by the Swedish Research Council for Health, Working Life and Welfare I.K., grant number 2013-1850 (travel related expenses); 2013</li> <li>• March of Dimes; Travel related expenses; 2020</li> <li>• Second Affiliated Hospital of Zhejiang University; Travel related expenses; 2019</li> </ul>
<b>Intellectual Property (patents, licenses, royalties)</b>	Nil
<b>Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies,</b>	Nil

Name	Professor Gita Mishra
professional societies	
Family member^ employment/financial interests	Nil
Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)	Nil
Relationship with organisations which advocate known industry or policy positions	Nil
Unpaid consultancies and/or in- kind support	Nil
Any relationship with NHMRC	Nil
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	Nil
Publically expressed a position related to the topic of the guidelines (e.g. published	Nil

<b>Name</b>	<b>Professor Gita Mishra</b>
opinion, media interview, blog, etc)	
<b>Other</b>	Nil
<b>Additional Information</b>	Nil

<b>Name</b>	<b>Dr Odette Pearson</b>
<b>Employment</b>	Senior Research Fellow, South Australian Health and Medical Research Institute; March 2018-Current
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Medical Research Future Fund; Translation of culturally informed diabetes training for Aboriginal Health Practitioners on Aboriginal patient outcomes: a cluster randomised trial of effectiveness. Diabetes Workforce; 2020-2025</li> <li>• Australian Institute of Aboriginal and Torres Strait Islander Studies; Insights into supporting the wellbeing of older Aboriginal people receiving home care packages who are experiencing grief and loss and the wellbeing of staff who care for them: a pilot project; 2020-2021</li> <li>• Australian Institute of Aboriginal and Torres Strait Islander Studies; Taking the next steps: Informing the transformation of the research sector to respond to Aboriginal research priorities and ways of conducting research; current</li> <li>• Medical Research Future Fund; Ngalaiya Boorai Gabara Budbut - supporting the heads and hearts of children: Responsive mental health care for Aboriginal and Torres Strait Islander adolescents; 2020-2023</li> <li>• Wyatt Benevolent Institution Inc; The Cultural Pathways Program and social determinants of health; 1 July 2016-20 June 2021</li> <li>• University of South Australia and NHMRC Program Grant no. 631947; Chronic disease outcomes; 2011-2016</li> <li>• NHMRC; Kidney Health; 2019-2022</li> <li>• Medical Research Future Fund; Type 2 Diabetes Mellitus; 2019</li> <li>• NHMRC; Leaving no-one behind, Aged care; 2020 - 2024</li> <li>• NHMRC; Aboriginal Hospital Liaison Workforce; 2018-2023</li> <li>• NHMRC; Adolescent Health; 2020-2023</li> <li>• NHMRC; Social determinants of health and social and emotional wellbeing. 2019-2023</li> <li>• NHMRC; Methamphetamine use and web based therapeutic tool; 2016-2020</li> <li>• NHMRC; Prevention, management and treatment of chronic disease; 2013-2018</li> <li>• NHMRC; Child health and development data linkage study; 2013-2017</li> <li>• NHMRC; Primary Health Care Adolescent services; 2018-2020</li> <li>• NHMRC; Social consequences of child abuse and neglect; 2016-2020</li> </ul>
<b>Advisory or governing boards</b>	<ul style="list-style-type: none"> <li>• Aboriginal Health Research Ethics Committee of South Australia</li> <li>• Associate Editor, Australian Health Review</li> </ul>
<b>Consulting/Speakers' fees/Honoraria/Paid authorship</b>	Nil
<b>Meeting attendance/paid travel/receipt of meals</b>	Nil

<b>Name</b>	<b>Dr Odette Pearson</b>
Intellectual Property (patents, licenses, royalties)	Nil
Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies	Nil
Family member^ employment/financial interests	Nil
Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)	Nil
Relationship with organisations which advocate known industry or policy positions	Nil
Unpaid consultancies and/or in-kind support	Nil
Any relationship with NHMRC	Reviewer on grant panels
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization	Nil

<b>Name</b>	<b>Dr Odette Pearson</b>
on a matter of relevance to the committee (e.g. testimony, providing written comment).	
Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)	Nil
Other	Nil
<b>Additional Information</b>	Nil

Name	Adjunct Associate Professor Trevor Webb
<b>Employment</b>	Food Standards Australia New Zealand, 2006 – 9 July 2021 College of Nursing and Health Sciences; Flinders University, Adelaide; Affiliate position; Adjunct Associate Professor; October 2020 – Current School of Health Sciences, Faculty of Medicine, Nursing and Health Sciences; Flinders University, Adelaide; Affiliate position; Adjunct Associate Professor; April 2016-2019
<b>Grants/Contracts</b>	Nil
<b>Advisory or governing boards</b>	Nil
<b>Consulting/Speakers' fees/ Honoraria/Paid authorship</b>	Nil
<b>Meeting attendance/paid travel/receipt of meals</b>	Nil
<b>Intellectual Property (patents, licenses, royalties)</b>	Nil
<b>Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies</b>	Nil
<b>Family member^ employment/financial interests</b>	Nil
<b>Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product companies)</b>	Nil

Relationship with organisations which advocate known industry or policy positions	Financial member of Choice
Unpaid consultancies and/or in-kind support	Nil
Any relationship with NHMRC	Nil
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	Nil
Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)	Nil
Other	Public presentations for as part employment at FSANZ on social/behavioural/economic aspects of food regulation
Additional Information	Nil

<b>Name</b>	<b>Associate Professor Sze Lin Yoong</b>
<b>Employment</b>	Associate Professor of Dietetics, Swinburne University of Technology, July 2020- current Health promotion manager, Hunter New England Population Health, Jan 2018- current Senior Lecturer, University of Newcastle, July 2015- July 2020, currently conjoint
<b>Grants/Contracts</b>	<ul style="list-style-type: none"> <li>• Australian Research Council Discovery Early Career Researcher Award; To assess the mechanisms underpinning dietary guideline implementation in community settings; 2018- current</li> <li>• Heart Foundation Postdoctoral Fellowship; To assess the impact of a web-based menu planning intervention to improve provision of healthier foods in childcare centres; 2015-2018</li> <li>• Healthy Australia/feedAustralia; Online menu planning program; 2018-2019</li> <li>• National Heart Foundation of Australia; Harnessing digital innovation in High School Canteens to reduce cardiovascular dietary risk factors; 2020 -current</li> <li>• nib Foundation; A technology based solution to support parents to improve their child's diet 'Swap What's Packed in the lunchbox; 2020- current</li> <li>• Hunter Medical Research Institute; Pilot cluster randomised controlled trial assessing the potential impact of an online intervention to improve child dietary intake in childcare; 2018-2020</li> <li>• Teachers Health Foundation; Addressing the health risk behaviours of the education workforce: A program to enhance the wellbeing of primary school teachers; 2019-2020</li> <li>• Hunter New England Local Health District (conduct of trial); Priority Research Centre for Health Behaviour (statistical support); and Dr Yoong is supported by the National Heart Foundation; A multicomponent audit and feedback intervention to improve implementation of healthy food policy in primary school canteens; 2015</li> <li>• Heart Foundation; A randomised controlled trial of a childcare-based web intervention to improve children's fruit and vegetable consumption in care; 2015</li> <li>• The Hunter Medical Research Institute with support from Hunter New England Population Health (G1300572) and the University of Newcastle; Scaling up interventions in public health; 2015</li> <li>• The Australian National Preventive Health Authority; Tobacco Prevention programs in health services; 2015</li> <li>• New South Wales Healthy Children's Initiative; Healthy canteen policies in primary schools; 2015</li> <li>• Australian Research Council; Healthy canteen policies in primary school; 2014</li> <li>• Priority Research Centre for Health Behaviour; Healthy food in childcare; 2016</li> <li>• The Australian Research Council, Hunter New England Population Health, the Alcohol and Drug Foundation, The University of Newcastle and the Hunter Medical Research Institute; Sustaining alcohol prevention programs in sporting clubs; 2016</li> <li>• University of Newcastle Priority Research Centre for Health Behaviour; Resilience programs in schools; 2016</li> </ul>

	<ul style="list-style-type: none"> <li>• Quebec SPOR-SUPPORT Unit and Canadian Institutes of Health Research Strategy for Patient-Oriented Research Support for People and Patient-Oriented Research and Trials unit; sustainability programs in primary care; 2016</li> <li>• World Health Organisation; E-cigarette use in youth; 2016</li> <li>• New South Wales Health Translational Research Grant Scheme; Nutrition interventions in high schools; 2017</li> <li>• Hunter Cancer Research Alliance; Physical activity interventions in schools; 2016</li> <li>• Australian Prevention Partnership Centre; The effectiveness of strategies to scale the implementation of community chronic disease prevention interventions; 2016</li> <li>• Cancer Institute New South Wales; Association of parental investment of time and cost in food provisioning with adherence to dietary guidelines for the consumption of fruits, vegetables and non-core foods in pre-schoolers; 2013</li> <li>• Priority Research Centre for Health Behaviour, University of Newcastle Australia and Hunter New England Population Health Wallsend Australia; Mechanisms in implementation science; 2016</li> <li>• Australian Research Council Discovery Early Career Researcher Award; healthy canteen policies in primary schools; 2014</li> <li>• University of Newcastle Faculty of Health and Medicine Strategic Early Career Research Pilot Grant and Australian Research Council Discovery Early Career Researcher Award; Sleep interventions in young children; 2017</li> <li>• NSW Cancer Council Program Grant; Healthy canteen policies in primary schools; 2014</li> <li>• NSW Ministry of Health, Translational Research Grant Scheme; Healthy lunchboxes in primary schools and nutrition interventions in high schools; 2018</li> <li>• Cancer Institute New South Wales; Telephone intervention for preschool-aged children; 2012</li> <li>• NHMRC (APP1102943); Healthy food in childcare; 2015</li> <li>• New South Wales Ministry of Health Translational Research Grants Scheme; Real world implementation of obesity prevention program in childhood; 2019</li> <li>• NHMRC Centre for Research Excellence grant; Implementation for Community Chronic Disease Prevention; 2018</li> <li>• Hunter Children's Research Foundation, Hunter Medical Research Institute and Hunter New England Population Health; School uniform in primary schools to increase child activity; 2019</li> <li>• World Health Organization and the Bill &amp; Melinda Gates Foundation; E-cigarette use in youth; 2020</li> <li>• New South Wales Office Preventive Health; obesity prevention interventions in primary schools; 2019</li> <li>• NHMRC, Flexischools provided the web-based canteen ordering infrastructure to schools included in the study; Online school canteens in primary schools; 2018</li> </ul>
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	<ul style="list-style-type: none"> <li>• NHMRC; Assessing the use of systems-based online technology to increase implementation of dietary guidelines into childcare centres; 2016-2019</li> <li>• NHMRC; Increasing implementation of chronic disease prevention programs in community-based setting; 2018- current</li> <li>• NHMRC; Increasing the implementation of physical activity policies into childcare centres; 2019-current</li> <li>• NHMRC; Assessing the impact of a novel childcare based physical activity intervention on child outcomes; 2016-2018</li> </ul>
Advisory or governing boards	Nil
Consulting/Speakers' fees/Honoraria/Paid authorship	Nil
Meeting attendance/paid travel/receipt of meals	Nil
Intellectual Property (patents, licenses, royalties)	Nil
Direct relationships or payments from any of the following: Food companies, food manufacturers, grocery stores, dietary products companies, professional societies	Nil
Family member^ employment/financial interests	Nil
Relationship (e.g. governing or advisory board membership, volunteer positions) with organisations with financial links or affiliations with industry groups which stand to benefit from or may be affected by guideline recommendations (e.g., food companies, food manufacturers, grocery stores, dietary product	Nil

companies)	
Relationship with organisations which advocate known industry or policy positions	<ul style="list-style-type: none"> <li>• Editorial board member, International Journal of Behavioural Nutrition and Physical Activity, 2015- current</li> <li>• Editorial board member, Implementation Research and Practice, 2021- current</li> <li>• Editorial board member, Nutrition and Dietetics, 2014- current</li> </ul>
Unpaid consultancies and/or in-kind support	<ul style="list-style-type: none"> <li>• Dietetics expert for 'feedAustralia' (Information Technology not for profit organization) to develop an online menu planning program to support childcare service with planning menus consistent with guidelines. The evaluation of this program was funded by NHMRC project grant above. 'feedAUstralia' has relationships with Woolworth which was embedded as a shopping option in the menu planning tool, however a shopping checklist could be printed for purchase of food elsewhere. The research team (including Associate Professor Yoong) did not have any direct contact or collaboration with Woolworths and the relationship was facilitated by the Information Technology company after the program was built.</li> <li>• HubHello Pty Ltd provided in-kind support 2015</li> <li>• SP Health Co Pty Ltd provided food composition data; 2018</li> </ul>
Any relationship with NHMRC	Nil
Relationships of family^ members relevant to dietary guidelines review	Nil
Any formal advice or opinion provided to industry, a government organization or a non- government organization on a matter of relevance to the committee (e.g. testimony, providing written comment).	Nil
Publically expressed a position related to the topic of the guidelines (e.g. published opinion, media interview, blog, etc)	Associate Professor Yoong has published extensively expressing the need for dietary guidelines to be implemented by end-users to produce impact and have produced resources to facilitate this. Associate Professor Yoong has not advocated for particular aspects of the guidelines or specific diets, just that the recommendations need to be operationalized and implemented in practice to result in intended health outcomes for the community.
Other	Nil
Additional Information	Nil

^ Family member is defined as:

A spouse or former spouse, de facto partner or former de facto partner, child, parent, grandparent, grandchild or sibling of an employee, or a child, parent, grandparent, grandchild or sibling of an employee's spouse or de facto partner. It includes step-relations (e.g. step- parents and step-children) as well as adoptive relations. Source: <https://www.fairwork.gov.au/Dictionary.aspx?FirstLetter=i>

Immediate family is currently defined in the Policy on the Disclosures of Interest Requirements for Prospective and Appointed NHMRC committee members (2019) as partner and dependent children. The definition sourced from Fairwork Australia is used here to capture a broader range of potential relationships.