

Dietary Guidelines Expert Committee

Member expertise

Name	Expertise
Professor Sarah McNaughton (Chair)	Epidemiology, dietary assessment and population dietary patterns. Systematic reviews including systematic reviews for World Health Organization. Translation of evidence. NHMRC Fellowship - improving health through diet. Australian Research Council Fellowship - dietary patterns to prevent chronic disease. Evidence synthesis and translation for food and nutrition policy. Eating patterns and activity/sleep/mood.
Emeritus Professor Colin Binns	Analysing evidence and writing dietary guidelines. Wrote the 2012 Infant Feeding Guidelines and the Dietary Guidelines for Older Australians (1999). Breastfeeding expert. Involved in all iterations of the Australian Dietary Guidelines. Supported regional countries to develop dietary guidelines. Represented the Australian Dietary Guidelines and public health nutrition issues to all levels of government.
Associate Professor Sandra Campbell	Aboriginal public health researcher with Master (Australian National University) and PhD (University of South Australia) qualifications in epidemiology. Professional background in nursing and midwifery and quantitative and qualitative research and evaluation skills built on a foundation of providing clinical care and health promotion in Aboriginal communities in Queensland, the Northern Territory and Victoria.
Adjunct Professor Robyn Littlewood	Paediatric clinical dietitian. Paediatric overweight and obesity prevention and management. Nutrition interventions across primary, secondary and tertiary healthcare settings. Developing and integrating health services. Development of obesity predictor tools. Leadership and change management. Engagement of and partnership with priority populations. Translating knowledge into practice. Expert in Health Services Research. Government champion – Obesity prevention.
Dr Penelope Love	Primary prevention nutrition including culturally diverse and Aboriginal and Torres Strait Islander communities. NHMRC grant to evaluate implementation and sustainability of early childhood lifestyle behaviours. Food system, childhood obesity and community-based nutrition interests. Development and assessment of South Africa's Food Based Dietary Guidelines.
Dr. Evangeline Mantzioris	University lecturer in nutrition and food science. Nutrition communicator. Accredited Practising Dietitian. Researcher - Fats and fatty acids, dietary patterns, nutrition environment nexus, nutrition across the life span, nutrition for performance and exercise, nutrition and chronic diseases.

Professor Gita Mishra	Women's health in relation to health behaviours, such as maternal diet and dietary patterns. Life course epidemiology. Director, Australian Longitudinal Study on Women's Health. Director of the NHMRC Centre of Research Excellence in Women and Non-communicable Diseases. Led review for the National Women's Health Strategy 2020-2030.
Dr Odette Pearson	Expertise in evidence synthesis through collaborating on systematic reviews, scoping reviews, national guidelines, the South Australia Aboriginal Diabetes Strategy in addition to original research papers, letters to the Editor, statistical reports and technical report. One scoping review focused on sugar-sweetened beverage consumption, correlates and interventions among Australian Aboriginal and Torres Strait Islander communities. All research and publications relate to Aboriginal and Torres Strait Islander Health and Wellbeing.
Dr Trevor Webb	Social science with an interest in consumer perceptions, attitudes and behaviour in relation to food. Experience in quantitative and qualitative measurements of public perceptions, attitudes and behavioural intent and the application of social and behavioural research findings to public policy.
Associate Professor Sze Lin Yoong	Dissemination and implementation of evidence-based guidelines and programs into community settings. Implementation science in nutrition. PhD behavioural sciences. Australian Research Council Discovery Early Researcher to assess the implementation of nutrition guidelines in childcare settings. Evaluation of implementation interventions. Knowledge translation and systematic reviews.