

[REDACTED]

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PM

cc

Subject Draft Revised Australian Alcohol Guidelines
[SEC=UNCLASSIFIED]

Leaving aside those people to whom the special circumstances apply, the Guidelines seem to suggest that they apply uniformly to all people, irrespective of diet and exercise regimes. That is, there seems to be no distinction between people with high-quality diet / regular exercise regimes and those with poor diet and / or poor exercise regimes. Is that the intention? In either case, I think that the Guidelines would benefit from some additional commentary on these aspects.

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