



## NICS-SA DEPARTMENT OF HEALTH FELLOW 2006 - 2008

### Dr Sepehr Shakib

Director of Clinical Pharmacology,  
*Royal Adelaide Hospital, SA*



The National Institute  
of Clinical Studies (NICS)

### Implementation Project:

*Improving the management of heart failure at the interface of the hospital and community*

Dr Shakib's project aims to improve the evidence-based management of patients with congestive cardiac failure who are discharged from Royal Adelaide Hospital's general medicine. Implementing a holistic, multidisciplinary approach, Dr Shakib is developing a range of systems and tools for implementation in a congestive cardiac failure clinic. In consultation with patients and GPs, individualised, evidence-based goals will be established, aiming at improving the management of each patient's condition within the community.

### Funding Partner:

Dr Shakib's Fellowship is supported by the South Australia Department of Health.

The South Australia Department of Health provides leadership in health reform, policy development and planning, and is committed to protecting and improving the health of all South Australians, with a focus on well-being, illness prevention, early intervention and quality care.

### Project Mentor:

**Dr Leo Mahar**  
Cardiovascular Investigational Unit,  
Royal Adelaide Hospital, SA

### NICS Mentor:

**Associate Professor Jill Sewell AM**  
Deputy Director, Centre for  
Community Child Health, Royal  
Children's Hospital, VIC

### Key Presentations:

Shakib S. Clinical pharmacology drug optimisation clinics: Back to the future? Southeast Asian Western Pacific Regional Meeting of Pharmacologists - Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists Annual Scientific Meeting. Adelaide; 2007.

Shakib S. Who will tell the GPs about heart failure? Southeast Asian Western Pacific Regional Meeting of Pharmacologists - Australasian Society of Clinical and Experimental Pharmacologists and Toxicologists Annual Scientific Meeting. Adelaide; 2007.

Shakib S, Clark EA, Nigro O, Puri R, Psaltis P. An intervention to increase the rates of warfarin prophylaxis in general medical inpatients with atrial fibrillation [presentation]. National Institute of Clinical Studies Symposium - Using Evidence: Using Guidelines. Melbourne; 2006.