



## **MEDIA RELEASE**

### **NHMRC 2009 Draft Alcohol Guidelines Still to be Approved**

Date: Sunday 1 February, 2009

The National Health and Medical Research Council are currently completing '2009 Australian Guidelines to Reduce Health Risks from Drinking Alcohol'.

These Guidelines have not yet been issued as they will be reviewed by the Council of the NHMRC in early February. If approved, they will be released within the next few weeks.

The Guidelines provide Australians with information based on the best available international research on the health effects of alcohol, in a way that can be easily understood.

We are confident that the Guidelines, when they are published, will provide the community and health professionals with information to help them make informed decisions about the use of alcohol, and to discuss the use of alcohol with their children and family.

The NHMRC Council comprises of research, medical and legal experts as well as Chief Medical Officers of the Commonwealth, States and Territories.

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