ArtsHealth: Translating research for Indigenous communities

Gomeroi gaaynggal Program

Dr Kym Rae
Acknowledgement of Country
Gomeroi gaaynggal

NHMRC research program
NHMRC Health research

- Pregnancy study
  Fetal origins of renal disease in Aboriginal community
- Post pregnancy / Early childhood study
  Longitudinal cohort study
  Renal disease
  Nutritional intake
  Childhood growth and maternal post natal weight changes
Translation

- Current Knowledge
- Awareness
- Acceptance
- Adoption
- Practice/Behaviour Change
• Rich culture of oral history, storytelling
• Education linked to ‘yarning’
Gomeroi gaaynggal

NHMRC research program  ArtsHealth Program

ArtsHealth for research/knowledge translation
**NHMRC**
- Pregnancy study
  Fetal origins of renal disease in Aboriginal community
- Post pregnancy /Early childhood study
  Longitudinal cohort study
    Renal disease
    Nutritional intake
    Childhood growth and maternal post natal weight changes
    Diabetes and chronic disease

**ArtsHealth**
- Culture
- Connections
- Art skill development
- Build health knowledge
- Impact on health behaviour
- Develop confidence
- Potential for earnings
- Led by Aboriginal Artist and Aboriginal staff
- Strong connections to health care providers, and health educators
ArtsHealth

• GG Centre with Artstudio, gallery, office, crèche, clinic rooms, outdoor space and vegie garden
• Community events
• Weekly mums/bubs
• Attended by mums-to-be, new mums, old mums, aunties, grandmas, Elders
• Attended by Health professionals
ArtsHealth and Translation
Change in health behaviours
Waterhole – Megan Porter
Acknowledgements

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• Elders (Gubba Binaal, KADS, Caroona)

• Mothers and Babies Research Centre

• Health professionals/students

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