



# NHMRC Translating Research Into Practice (TRIP) Fellowships

“All Australians benefit from the outcomes of health and medical research, particularly when that research is translated into improved primary and hospital care, aged care, or better preventative health strategies”

(The Honourable Nicola Roxon MP, Minister for Health and Ageing, April 2010, NHMRC Strategic Plan 2010–2012).

The NHMRC TRIP Fellowship provides support and training for future leaders in translating important research findings into clinical practice. The Fellowships support protected time for health professionals in researching approaches to applying evidence to improve care, and develop the range of skills needed for leadership in research translation. The Fellowships are intended to promote implementation of established evidence rather than further development of the evidence base for an intervention.

Fellows gain practical hands-on implementation experience by proposing and undertaking an implementation research project. This is supported through training in implementing evidence, researching and evaluating clinical translation strategies, influencing and managing change and communicating research findings.

Mentoring by recognised leaders in the Australian health care sector is an important component of these Fellowships. Fellows will have extensive networking opportunities and access to career-focussed mentoring from senior figures in Australian healthcare.

Upon completion of the program, Fellows will have acquired the strategies and skills to advance the implementation of evidence at all levels of the health care system.

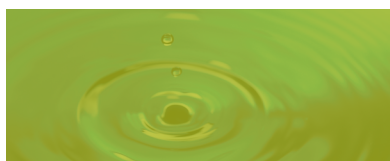
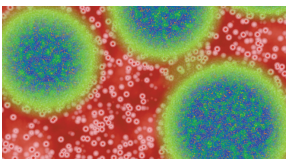
## *Developing future leaders in health*

The two-year half-time award is open to early career health care professionals, generally with 5 to 15 years post relevant qualification, with a desire to take a leadership role in their field and improve health care. Health care professionals that may apply for a TRIP Fellowship can include:

- medical practitioners (e.g. general practitioners, radiologists, nephrologists, neurologists)
- nurses and midwives
- allied health professionals (e.g. physiotherapists, psychologists, pharmacists)
- other health professionals (e.g. radiographers, paramedics).

Fellows are able to influence the uptake of evidence by undertaking a practical implementation research project and formal training, in addition to their regular health care work. It is a requirement that 0.5 FTE of their time is committed to fulfil their Fellowship work.

The training program, a key feature of the TRIP Fellowships, includes up to eight days of masterclasses and workshops per year, facilitated by Australian and International visiting experts in research translation.



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This training is based on an implementation science curriculum informed by other similar international programs and experts in evidence implementation. The key themes that the curriculum encompasses are:

- the science of implementing evidence
- researching and evaluating clinical translation strategies
- influencing, leading and managing change
- communicating with influence across stakeholder groups.

This Fellowship will enable Fellows to:

- identify current clinical or public health practice where it diverges from evidence-based best practice care
- identify and analyse the barriers and enablers to using evidence to achieve best practice
- develop implementation plans that are informed by examples of successful change
- develop methods to reliably measure the effectiveness and efficiency of evidence-based interventions
- develop strong stakeholder engagement and communication skills to influence policy-makers, clinicians, consumers and researchers
- enhance their ability to communicate effectively with others and influence stakeholders through: projects and national committees; as invited speakers at workshops and conferences; and by publishing in peer-reviewed journals.

### Building Partnerships

NHMRC is committed to partnering with health-related organisations where there is an alignment of health priorities; creating synergies beyond what each organisation is able to achieve on their own.

Our current TRIP Fellowship partners include: State and Federal Government health departments; professional colleges and foundations; and a range of health care organisations.

Co-funding partners have the opportunity to support a unique fellowship in an area of priority in health. Further, by associating with one of Australia's prestigious fellowships, co-funding partners will be recognised as contributors to improvement in the Australian health system.

### August 2011

NHMRC is Australia's peak body for supporting health and medical research; for developing health advice for the Australian community, health professionals and government; and for providing advice on ethical behaviour in health care and in the conduct of health and medical research.

### How to apply for a TRIP Fellowship

All applicants must apply for the NHMRC TRIP Fellowships through an NHMRC-approved administering institution using NHMRC's online Research Grants Management System (RGMS). To check if your organisation is an approved administering institution, please visit the following website <http://www.nhmrc.gov.au/grants/admininst.htm>.

If your organisation is not on the list of administering institutions, you will need to speak to your organisation about registering. Alternatively, you must seek an NHMRC-approved administering institution to submit your application for you on your behalf.

### NHMRC TRIP Fellowship information

For information on how you can become a NHMRC TRIP Fellow, application closing dates, or to partner with NHMRC to support a future leader in health care, please go to <http://www.nhmrc.gov.au/nics/nics-programs/leadership>, phone 03 8866 0400, or email [TRIPFellowships@nhmrc.gov.au](mailto:TRIPFellowships@nhmrc.gov.au).

### PATHWAYS TO APPLY FOR A TRIP FELLOWSHIP

